

Bikeways Academy: All Ages and Abilities Design Fundamentals

Welcome to the Bikeways Academy

Agenda

- Introduction to the Countywide Bikeways Network
- Countywide Bikeways Design Expectations
- Introduction to Website
 Resources and Design Principles
- Discussion and Next Steps





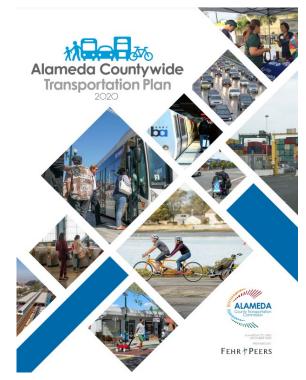
About Alameda CTC

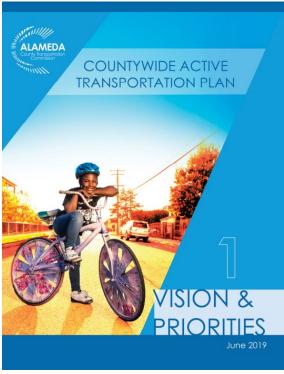
- Roles:
 - > Plan: Coordinate countywide transportation planning efforts
 - > Fund: Program local, regional, state and federal funding
 - > **Deliver** projects and programs including those approved by voters with Measure B/BB sales tax and the Vehicle Registration Fee
- Governed by 22-member Commission of local jurisdiction and transit agency representatives



What is the Countywide Bikeways Network?

Countywide Bikeways Network builds off priorities already identified in the Countywide Active Transportation Plan and Countywide Transportation Plan to form a cohesive network of safe and comfortable bike routes of countywide importance.





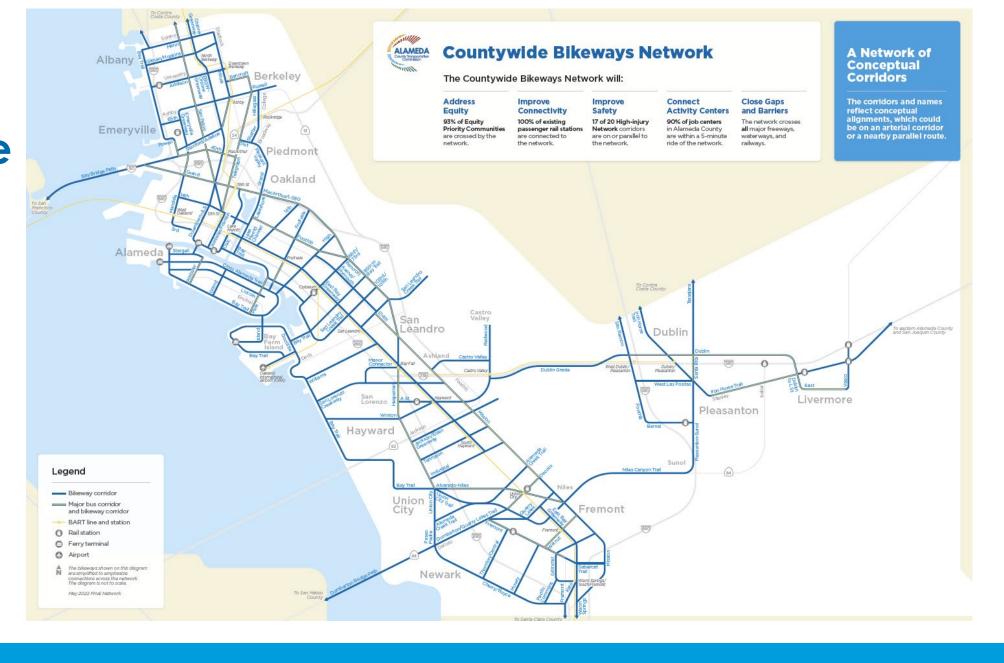


Countywide Bikeway Network

(Approved May 2022)

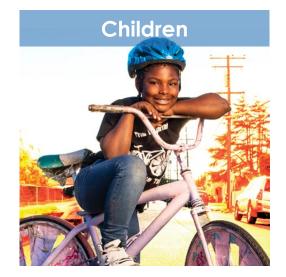
Mapping for illustrative purposes only

Corridors and names represent conceptual alignments, not specific routes.

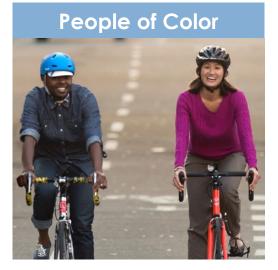




A Network for All Ages and Abilities (AAA)



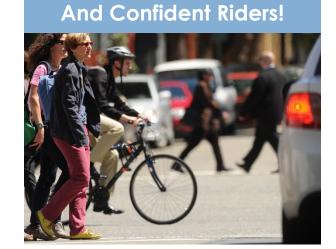








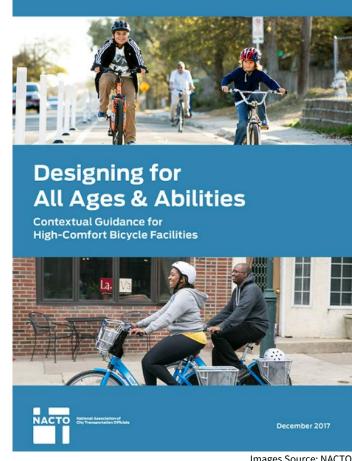




A Network for All Ages and Abilities

Adopted Policy:

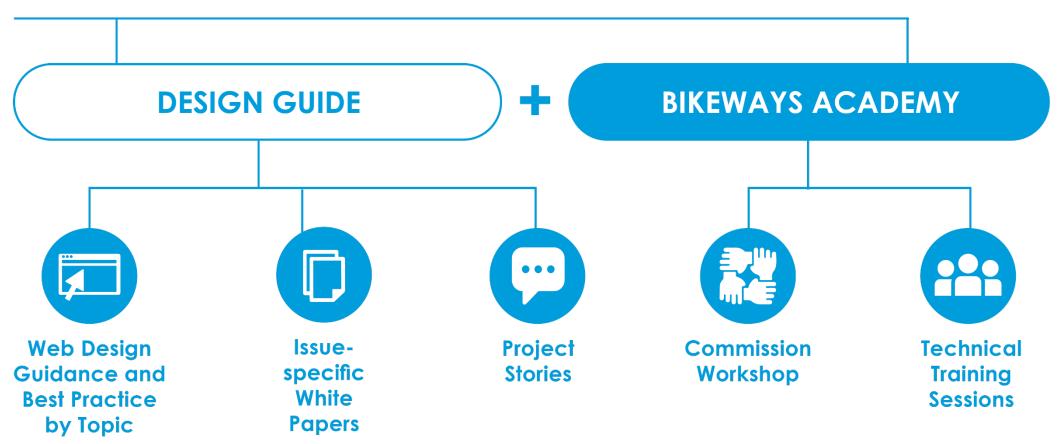
- Use NACTO methodology to set AAA standard
- Require Complete Corridors Approach to balance competing needs
- Develop Design Expectations
- Support with Design Resources



Images Source: NACTO



Key Implementation Tasks for 2023





Bikeways Academy: 2023 Sessions





Summer: Phasing and Implementation Panel

Fall: Commission Workshop

Winter: Phasing and Implementation Key Findings



Countywide Bikeways Design Expectations



All Ages and Abilities Bikeways



Separate Modes



Apply the Safe System Approach



Prioritize Transit



Be Accessible



Continue Through Intersections



Use Durable Materials



New Design Resource Guide



- Application of AAA policy for practice
- Direction and citation of national guides
- Orients designers to available resources with links to further reading







All Ages and Abilities Bikeways

Countywide Bikeways Facilities are expected to incorporate All Ages and Abilities design principles defined in the NACTO Contextual Guidance for Selecting All Ages and Abilities (AAA) Bikeways.

Contextual Guidance for Selecting All Ages & Abilities Bikeways				
Roadway Context				
Target Motor Vehicle Speed*	Target Max. Motor Vehicle Volume (ADT)	Motor Vehicle Lanes	Key Operational Considerations	All Ages & Abilities Bicycle Facility
Any		Any	Any of the following: high curbside activity, frequent buses, motor vehicle congestion, or turning conflicts:	Protected Bicycle Lane
< 10 mph	Less relevant	No centerline, or single lane one-way	Pedestrians share the roadway	Shared Street
≤ 20 mph	≤ 1,000 – 2,000		< 50 motor vehicles per hour in the peak direction at peak hour	Bicycle Boulevard
≤ 25 mph	≤ 500 – 1,500			
	≤ 1,500 – 3,000	Single lane each direction, or single lane one-way	Low curbside activity, or low congestion pressure	Conventional or Buffered Bicycle Lane, or Protected Bicycle Lane
	≤ 3,000 – 6,000			Buffered or Protected Bicycle Lane
	Greater than 6,000			Protected Bicycle Lane
	Any	Multiple lanes per direction		
Greater than 26 mph [†]	≤ 6,000	Single lane each direction	Low curbside activity, or low congestion pressure	Protected Bicycle Lane, or Reduce Speed
		Multiple lanes per direction		Protected Bicycle Lane, or Reduce to Single Lane & Reduce Speed
	Greater than 6,000	Any	Any	Protected Bicycle Lane, or Bicycle Path
High-speed limited access roadways, natural corridors, or geographic edge conditions with limited conflicts		Any	High pedestrian volume	Bike Path with Separate Walkway or Protected Bicycle Lane
			Low pedestrian volume	Shared-Use Path or Protected Bicycle Lane

Image source: NACTO

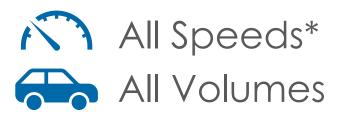


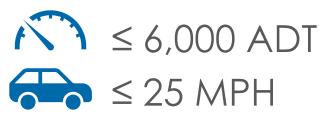
Resources by Topic

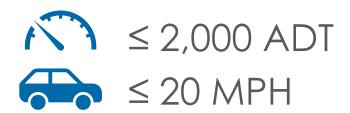
What resource should I be looking at? Separated Bike Lane Design Guidance Bikeways Blvd **3ikeway** Other NACTO All Ages and Abilities Guide FHWA Bikeway Selection Guide FHWA Separated Bike Lane Guide Mass DOT Separated Bike Lane Guide NACTO Don't Give Up at the Intersection Caltrans DIB 89 NACTO Urban Bikeway Guide



NACTO AAA Contextual Guidance in Practice









Ferry Point, Alameda

*While no maximum speed is outlined in the AAA guidance, lowering speeds is a fundamental Safe System approach.



West Street, Oakland



Roosevelt Avenue & Channing Way, Berkeley



Separated Bikeways and Shared Use Paths



*While no maximum speed is outlined in the AAA guidance, lowering speeds is a fundamental Safe System approach.

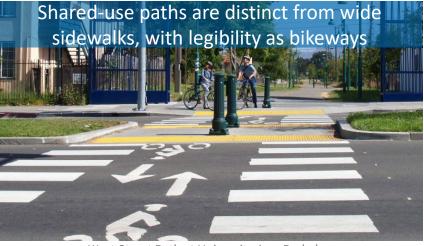
Context and Design Considerations



Harrison Street, Oakland



W. Jack London Blvd, Livermore

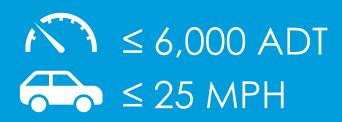


West Street Path at University Ave, Berkeley



Bancroft Avenue, Berkeley

Bike Lanes and Buffered Bike Lanes



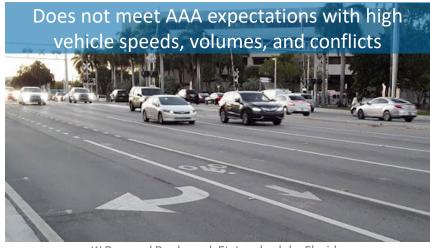
Context and Design Considerations



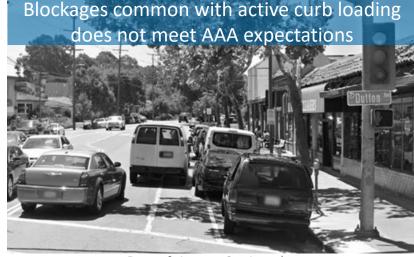
West Street, Oakland



2nd Street, Fremont



W Broward Boulevard, Ft. Lauderdale, Florida



Bancroft Avenue, San Leandro

Bicycle Boulevards/ Neighborhood Greenways

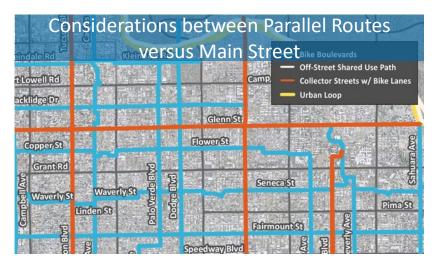


 $1 \le 2,000 \text{ ADT}$





Context and Design Considerations





Horton Street, Emeryville



Shafter Avenue, Oakland

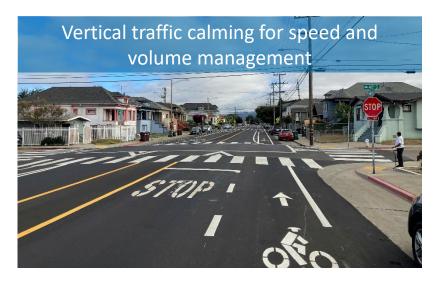


Roosevelt Ave & Channing Way, Berkeley

Buffered Bike Lanes

Local Application

West Street Road Diet Project







West Street & MacArthur Boulevard, Oakland





Apply the Safe System Approach

Countywide Bikeways Facilities are expected to address the Countywide or local High-injury Networks.

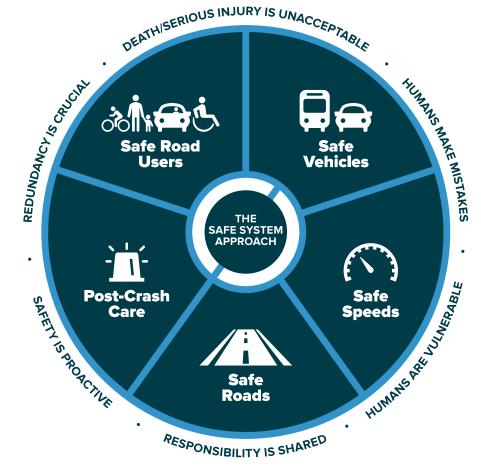


Image source: FHWA



Safe System Approach

- FHWA Zero Deaths and Safe System Resources
- FHWA Primer on Safe
 System Approach for
 Pedestrian and Bicycle
- ITE Safe System Approach Resources



Guides, Standards, and Resources





Image sources: FHWA

Safe System Approach

Safe System Design

Safe roads: avoiding bicycle crashes







North Fremont Street, Monterey



What are the safety needs and design strategies on the corridor?

Separate users in space

Separate users in time

Increase attentiveness and awareness

Safe System Approach



Safe roads: managing speed







West Street, Oakland

Stanley Ave/Valley Ave/ Bernal Ave, Pleasanton

What speed management strategies are you considering?

Speed Limit and Target Speed Setting Residential and **Arterial Traffic** Calming

Corner Radius Lowers Turn Speeds

Image sources: FHWA, City of Oakland



Separate Modes

Countywide Bikeways
Facilities are expected to
maximize separation between
all modes, to the extent
feasible, and reduce or avoid
conflict points.



Harrison Street, Oakland

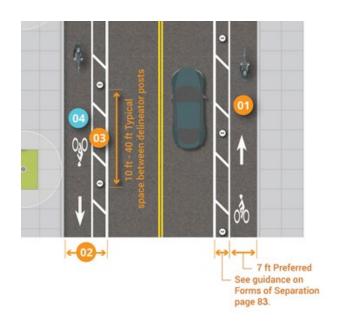


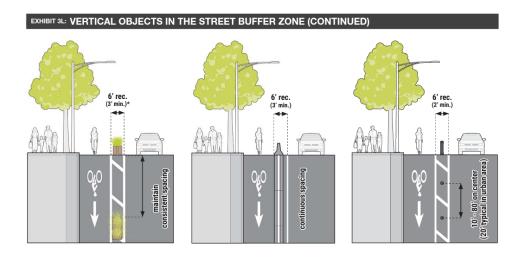
Separated Bike Lanes

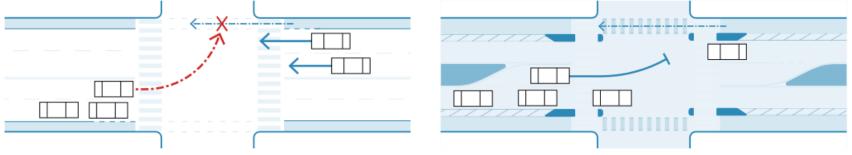
- FHWA Separated Bike Lane
 Planning and Design Guide
- Mass DOT Separated Bike Lane
 Guide
- Caltrans DIB 89
- NACTO Urban Bikeway Design Guide with Designing for All Ages and Abilities



Guides, Standards, and Resources







A common "multiple threat" conflict, where reduced visibility for motor vehicles turning across multiple travel lanes increase bicyclists' risk at crossings. The 4-to-3 lane conversion is a common technique for managing motor vehicle traffic flow while reducing the multiple threat conflict, though two-way left turn lanes introduce turn conflicts at mid-block locations (e.g. driveways).

Image sources: FHWA, NACTO, MassDOT

Separated Bike Lanes

Key Design Differences

Direction of Travel





Harrison Street, Oakland

Bancroft Avenue, Berkeley

What direction of travel is best suited for your bikeway design?

- Most common
- Provides access to both sides of the street
- Intuitive for those used to vehicular travel
- Can work well with phased implementation
- Needs space for two buffers

- Intersections more sensitive
- Provides access to one side of the street
- Space efficient
- Consider at edge conditions with limited access (parks, waterways) or in contexts with high wrong way riding

Separated Bike Lanes

Key Design Differences

Bikeway Height





Shoreline Drive, Alameda

Christie Avenue, Emeryville

What bikeway height fits your project context and scope?

- Cost, drainage, feasibility considerations
- More separation from vehicles
- Lower cost, flexible design
- Additional considerations for maintenance

Carefully consider design and legibility of loading zones and bikeway/ sidewalk delineation to ensure functionality + ADA

Separated Bike Lanes

Key Design Differences



Paths & Median Bikeways





Mandela Parkway, Oakland

Is a path or median greenway a good fit for your corridor?

- Access to one or both sides of street
- Shared or dedicated bikeway
- Separate sidewalk with building or loading access
- Consider at transitional locations

- Double the conflicting turn movements
- No direct access to street frontage
- Consider at generous right of way with landscape opportunity

Separated Bike Lanes

Curb Use

Key Design Differences





27th Street, Oakland

Harrison Street, Oakland

What is the curb demand on your bikeway corridor?

- ADA parking and loading
- Get people/goods to the sidewalk
- Wider buffer dimensions
- Determining appropriate materials

- Quality and width of buffer important for separation from moving traffic
- More options for buffer style and material



Prioritize Transit

Countywide Bikeways Facilities are expected to prioritize transit operations and transit rider comfort along with multimodal safety.

Use the Complete Corridors Approach described in the Countywide Transportation Plan (CTP) to balance multimodal priorities.



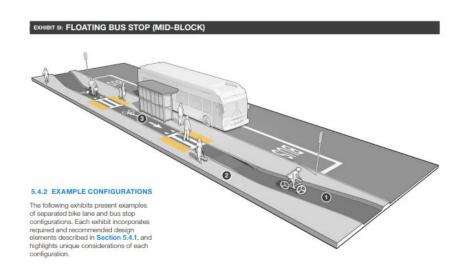
Hearst Avenue, Berkeley



Guides, Standards, and Resources

Transit

- NACTO Transit Street Design Guide
- MassDOT Separated
 Bikeway Design Guide
- FHWA Separated Bike Lane Guide



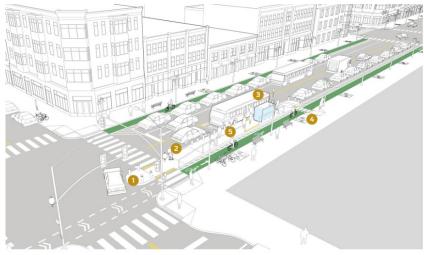


Figure 16

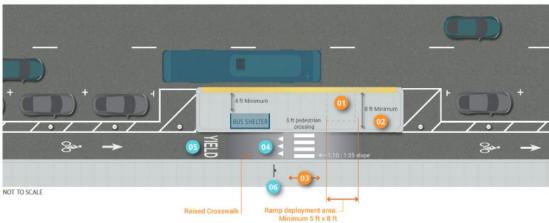


Image sources: MassDOT, NACTO, FHWA

Transit

Planning and Coordination



Bus Corridor Planning Considerations





San Pablo Avenue, Oakland

Kala Bagai Way, Berkeley

Is the bikeway corridor also transit corridor?

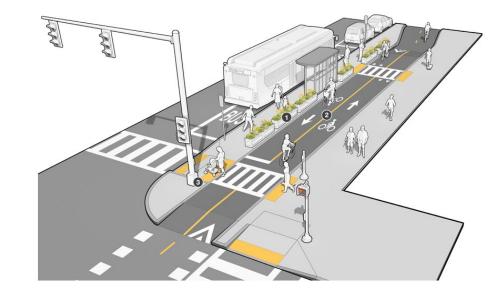
- Coordinate with transit agency staff early and often
- Corridor-specific needs and opportunities for transit
- Routing considerations on very constrained corridors
- Bus operations impacts for design options
- Stop spacing, location, and opportunities for upgrades
- Passenger access and experience

Transit

Design

Bus Design Considerations





Telegraph Avenue, Oakland

Does your separated bikeway corridor include bus stops?

- Stop location, length, crosswalk clearance
- Speed and proximity of adjacent traffic
- Bikeway separation and channelization
- Clear space for ADA and ramp deployment
- Stop amenities

32



Countywide Bikeways Facilities are expected to use best practices for accessibility and universal design.





Accessibility

User Focus









Accessibility

- 2010 ADA Standards (2010 ADAS)
- MUTCD
- Public Right of Way Accessibility Guidelines (PROWAG)
- California Building Code (CBC) 11B
- Caltrans Design Information Bulletin (DIB 82-06)
- Caltrans Standard Plans (A88A, A88B, A90A, A90B)
- Local Agency Standard Plans
- Local ADA Coordinator/Group
- FHWA Accessible Shared Streets
- FHWA Designing Sidewalks and Trails for Access



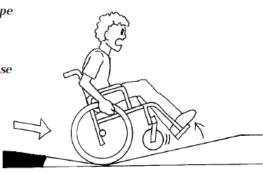


Figure 4-3:



Figure 4-4:

Excessive slope differences between a gutter and a ramp can cause wheelchairs to flip over backward.













Source: FHWA Designing Sidewalks and Trails for Access

Accessibility

Planning Considerations



Telegraph Avenue, Oakland



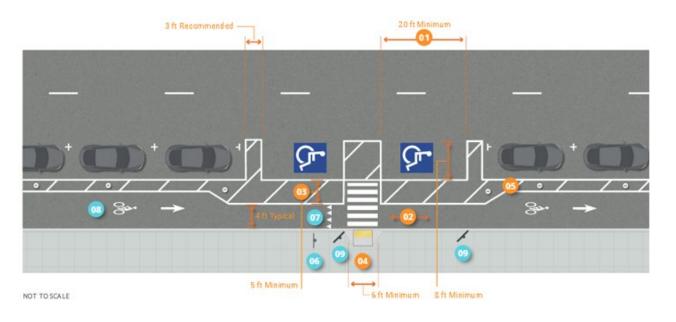
Liberty Street & Sundale Drive, Fremont

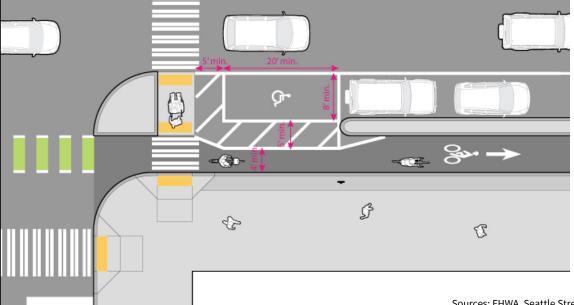
What accessibility benefits and considerations apply to your corridor?

- Stakeholder coordination outreach (include local ADA coordinator)
- Bikeway separation legibility and navigability
- Materials, color contrast
- Bikeway width
- Grade and cross slope for shared-use paths
- Safety co-benefit
- Crosswalk configuration, crossing distance, upgrade opportunities
- Loading and curb access

Accessibility

Curb Access







Continue Through Intersections

Countywide Bikeways Facilities are expected to continue protection through intersections.



Grand Street at Otis Drive, Alameda



Intersection Design

- NACTO Don't Give Up at the Intersection
- MassDOT Separated
 Bikeway Design Guide
 Chapters 4 and 6
- USDOT & FHWA Guide for Improving Pedestrian Safety at Uncontrolled Crossing Locations



Guides, Standards, and Resources

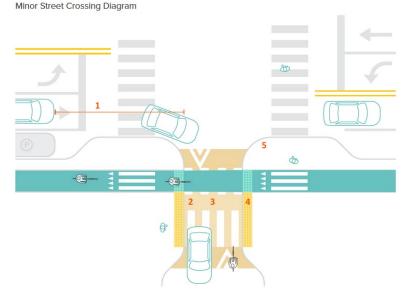
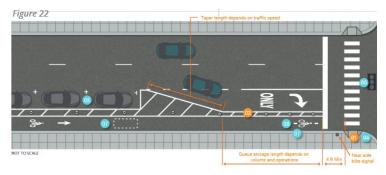


EXHIBIT 2A: MOTORIST'S VIEW	AT SEPARATED BIKE LANE

	Posted Speed Limit and AADT															ar	nd A	٩AE	T								
	Г	Vehicle AADT <9,000							Vehicle AADT 9,000-15,000										Vehicle AADT >15,000								
Roadway Configuration	≤3	0 n	nph	35	5 m	ph	≥40 mph			≤30 mph			35 mph			≥4	0 m	nph	≤3	0 n	nph	35 mph			≥40 mp		
	0	2		0			1			0			0			1			0			1			1		
2 lanes (1 lane in each direction)	4	5	6	7	5	6	0	5	6 0	4	5	6	7	5	6	0	5	6 ②	4	5	6	7	5	6		5	
	0	2	3	0		0	-			0		3	1		0	1	_	0	1		0	1		0	1		•
3 lanes with raised median (1 lane in each direction)	4	5			5			5		4	5			5			5		4	5			5		-	5	
(Trane in each direction)				7		9	0		0	7		9	0			0		0	7		9	0		0			(
3 lanes w/o raised median	0	2	3	0		0	1		8	0		3	1		_	1		_	1		_	1		_	1		•
(1 lane in each direction with a	4	5	6		5	6		5	6	4	5	6		5	6		5	6	4	5	6		5	6	5	6	
two-way left-turn lane)	7		9	7		9			0	7		9	0		0			0	7		9			0			(
4+ lanes with raised median (2 or more lanes in each direction)	0		8	0		8	1	_	0	0	_	8	1	_	8	1		8	1	_	8	1	_	8	1		•
		5		_	5			5	_	_	5			5	_		5	_		5	_		5	_		5	
	7	8	9	7	8	9		8	0	7	8	9	0	8	0		8	0	0	8	0		8	0		8	(
4+ lanes w/o raised median	U	_	_	0	5	3	_	5	3	0	5	3	0	5	0	0		3	0	5	0	0	5	0	0	_	•
(2 or more lanes in each direction)	7	5 8	6	7	_	9		_	0	7	8	9	0	8	_		-	_	0	_	0			0		5 8	(
Given the set of conditions in a c	ell,									1												king					
# Signifies that the counterme											crosswalk approach, adequate nighttime lighting levels, and crossing warning signs																
treatment at a marked unco	ntro	led	cro	ssin	g lo	ocat	ion.			2																	
 Signifies that the counterme considered, but not mandate engineering judgment at a r 	d o	rec	quir	ed, b	oas	éd ι		1		3	Advance Yield Here To (Stop Here For) Pedestrians sign and yield (stop) line In-Street Pedestrian Crossing sign Curb extension																
crossing location.	IUIN	cu	unc	Jilli	UIIC	u				4																	
O Signifies that crosswalk visibili	ty er	har	ncer	nent	ts st	nou	ld			5																	
always occur in conjunction v countermeasures.*	vith	oth	er ic	lenti	ified	i				7	· · · · · · · · · · · · · · · · · · ·																
The absence of a number signifies that the countermeasure									8 9	11000 5101																	



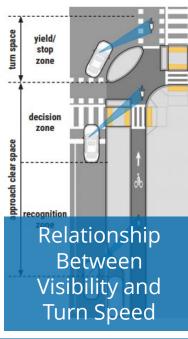
Sources: MassDOT, NACTO, FHWA

Design Toolbox

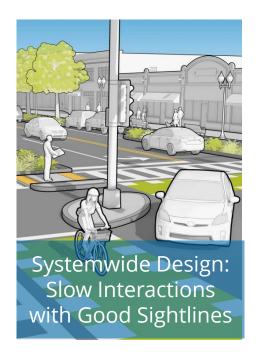
Intersections



Intersection Design Principles







Data-Driven Approach for Protected **Conflicting Turns**

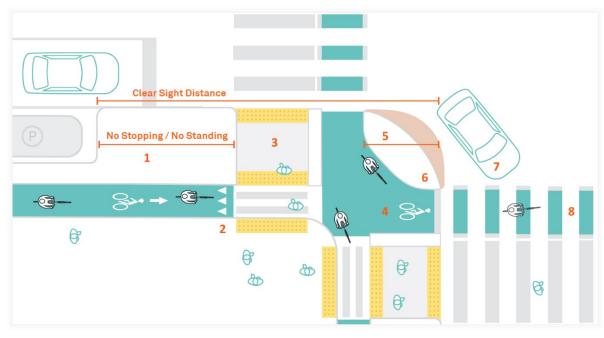
	Motor Vehicles per Hour Turning across Separated Bike Lane													
Separated Bike Lane Operation		One-way Street												
	Right Turn	Left Turn across One Lane	Left Turn across Two Lanes	Right or Left Turn										
One-way	150	100	50	150										
Two-way	100	50	0	100										

Design Toolbox

Intersections

Protected Intersections





Grand Street at Otis Drive, Alameda

What are the key elements of a protected intersection?

- Slow interactions, good sightlines
- Pedestrian refuges and raised corner islands
- Advance queue area for bikes
- Clear sight distance

Design Toolbox

Intersections





Table 1. Application of pedestrian crash countermeasures by roadway feature.

	Posted Speed Limit and AADT																											
	Vehicle AADT <9,000									Ve	ehic	le A	ADT	9,	000	-15	,00	00	Vehicle AADT >15,000									
Roadway Configuration	≤30 mph 35 mph			≥40 mph			≤3	0 m	iph	35	m	ph	≥4	0 m	ıph	≤30 mph			35	m	ph	≥4	0 m	ıpl				
2 lanes	0			0			0			0			0			Φ			0			Ф			Φ	_		
(1 lane in each direction)	4	5	6	7	5	6	0	5	6 0	4	5	6	7	5	6 9	0	5	6 0	7	5	6	7	5	6		5	6	
3 lanes with raised median (1 lane in each direction)	Û	2	3	0		0	Φ		8	Φ		3	Φ		0	Φ		8	Φ		0	Φ		Ø	Φ		6	
	4	5			5		_	5	_	-	5			5			5		4	5			5			5		
				7		9	0		0	7		9	0		0	0		0	7		9	0		0			(
3 lanes w/o raised median	0	2	3	0		8	Φ		0	Φ		3	Φ		0	Φ		8	Φ		Ø	Φ		❷	Φ		6	
(1 lane in each direction with a	4	5	6		5	6		5	6	4	5	6		5	6		5	6	4	5	6		5	6	5	6		
two-way left-turn lane)	7		9	7		9			0	7		9	0		ø			ø	7		9			0			(
4+ lanes with raised median	0	5	0	0	5	0	Φ	5	0	Φ	5	0	Φ	5	0	Φ	5	8	Φ	5	0	Φ	5	0	Φ	5	6	
(2 or more lanes in each direction)	7	8	9	7	8	9		8	0	7	8	9	Û	8	ø		8	ø	Ü	8	ø		8	ø		8	e	
	0		0	Φ		0	Φ		0	Φ		0	Ō		0	Φ		8	Φ		0	Φ		0	Φ		•	
4+ lanes w/o raised median (2 or more lanes in each direction)		5	6	_	5	6	_	5	6		5	0	_	5	0	_	5	0		5	0	_	5	0	_	5	0	
	7	8	9	7	8	9		8	0	7	8	9	Ū	8	0		8	ø	Ü	8	o		8	0		8	6	
	tiven the set of conditions in a cell, ‡ Signifies that the countermeasure is a candidate												High-visibility crosswalk markings, parking restrictions on crosswalk approach, adequate nightime lighting levels, and crossing warning signs											1				

- Signifies that the countermeasure should always be
- Signifies that crosswalk visibility enhancements should always occur in conjunction with other identified

The absence of a number signifies that the countermeasure is generally not an appropriate treatment, but exceptions may be considered following engineering judgment

- 2 Raised crosswalk
- 3 Advance Yield Here To (Stop Here For) Pedestrians sign and yield (stop) line
- 4 In-Street Pedestrian Crossing sign
- 5 Curb extension
- 6 Pedestrian refuge island
- 7 Rectangular Rapid-Flashing Beacon (RRFB)**
- 9 Pedestrian Hybrid Beacon (PHB)**

How will you manage conflicts at intersections along the corridor?

Traffic calming and conflict management strategies at minor intersections

FHWA STEP Guide as a resource for evaluating uncontrolled crossing treatment at arterial crossings



Use Durable Materials

Countywide Bikeways
Facilities are expected to
deploy durable materials
appropriate to the funding
source.



Lakeside Drive, Oakland



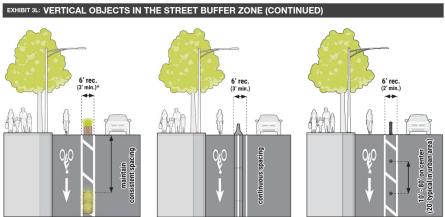
Durable Materials

- MassDOT Separated Bikeway
 Design Guide Chapter 2
- FHWA Separated Bike Lane Guide
- Forthcoming White Paper



Guides, Standards, and Resources





Sources: FHWA, MassDOT

AAA Toolbox

Durable Materials

Key Design Differences

Materials Considerations





Telegraph Avenue, Oakland

Rosemead Boulevard, Temple City, CA

What materials are appropriate for your project scope and funding?

- Potential for encroachment
- Ability to maintain and follow up with permanent
- Relationship between visibility and protection
- Pavement and gutter quality

- Drainage and Roadway Design
- Quality and width of buffer from moving traffic
- Landscaping, street trees, green infrastructure

AAA Toolbox

Durable Materials

Practical Considerations

Materials Considerations



Christie Avenue, Emeryville



Market Street, San Francisco



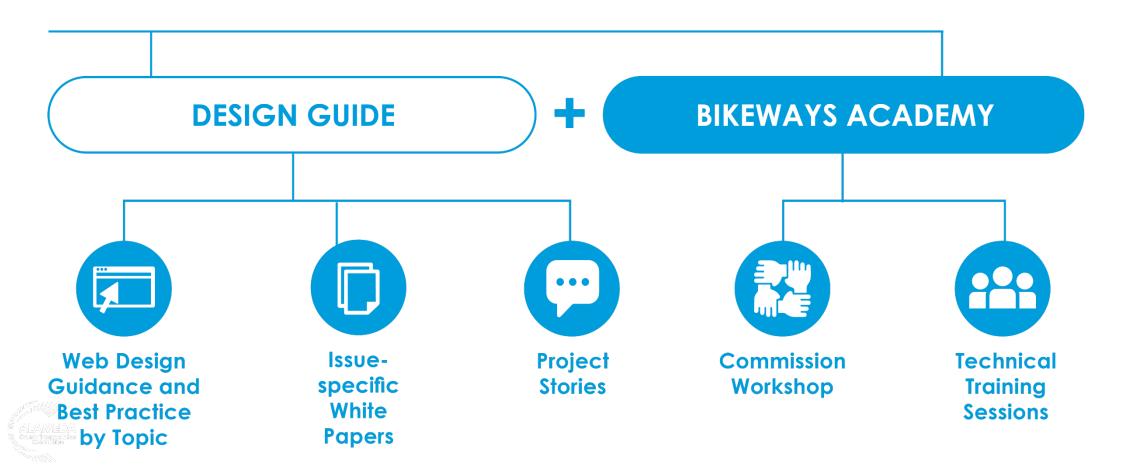
Shoreline Drive, Alameda



Montgomery County, Maryland

Next Steps

- White Paper: Project Phasing & Implementation
- Bikeways Academy: Project Phasing Panel Discussion



Discussion

What questions do you have about the Countywide Bikeways Network Design Expectations?



All Ages and Abilities Bikeways



Separate Modes



Address the HIN



Prioritize Transit



Be Accessible



Continue Through Intersections



Use Durable Materials

Visit the design resource:

alamedactc.org/countywide-bikeways-network



Meetings

Contracting



Planning > Active Transportation > Countywide Bikeways Design Guide

49

Thank You!

Project Contacts

Colin Dentel-Post <u>CDentel-Post@alamedactc.org</u>
Chris G. Marks <u>CMarks@alamedactc.org</u>
Susie Hufstader <u>SHufstader@FehrandPeers.com</u>

