# Walk Club Locations, Schedules and Contact Information



## Allen Temple Senior Walk Club

8501 International, Oakland Thursday at 11:30 Call Ruth Wallace at 510-532-1545

### Arroyo Viejo Park

Krause St., Oakland Thursdays at 9am Call Karen Smulevitz at 510-632-0380

## **Bancroft Senior Homes**

5636 Bancroft Ave., Oakland Wednesdays at 10:30am-11:30am Call Frankie Maxwell at 510-532-9365

## **Berkeley Marina**

Meet at the Sea Breeze Market, Berkeley Wednesdays at 9:30am Call Gene Herman at 510-684-1491

## Campbell Village "Steppers"

876 Willow St., Oakland Mondays at 9:30 Call Cynthia Nihill at 510-467-7094

## **EE Cleveland**

2611 EC Reems, Oakland Tuesdays at 10am Call Lupe at 510-636-9319

## Eva Aguillard's "ADA Walkers"

Oakland Area May Change, Open Schedule Call Eva Aguillard at 510-638-7733

## **Eastmont Town Center Women**

Eastmont Town Center 2<sup>nd</sup> fl. by USOAC Mondays at 9am Call Celestine at 510-969-7027

## **Eastmont Town Center Men**

Eastmont Town Center 2<sup>nd</sup> fl. by USOAC Mondays at 9am

# Waltable Neighborhoods for Seniors

## **East Oakland Senior Center**

9255 Edes Ave., Oakland Mon., Wed., Fri. at 8am-9am Call Dorothy Vincent at 510-635-6975

## Fruitvale/San-Antonio Senior Ctr.

3301 E. 12th St., Ste. #201, Oakland Fridays at 9:30am-10:30am Call Edith Bojoranez at 510-535-6123

### Harvey's Men Walking Group

McDonalds at Eastmont, Town Center Oakland Call Harvey Broadnax 510-638-5570

## **Life Long Walk**

10700 MacArthur Blvd. Wednesdays 10am Call Karen Smulevitz at 510-632-0380

## North Oakland Senior Center "Share a Walk"

5714 MLK Jr. Way, Oakland Tuesdays and Thursdays at 9am Call Hattie Mobley at 510-913-4581

## **North Oakland Senior Center**

5714 MLK Jr. Way, Oakland Wednesdays 10am Call Barbara Sloan at 510-654-7153

## **Our Family Circle Senior Center**

6038 Brann St., Oakland Monday & Wednesdays at 1pm Call Linda Jones at 510-436-7268

## St. Mary's Center "Feet on The Street"

925 Brockhurst St., Oakland Tuesdays 10am-11am Kim Marsh 510-923-9600 x 210

## **Verdese Carter Park**

9600 Sunnyside St., Oakland Monday-Friday from 7am-9am

For more information, please contact Celestine Henderson at 510-729-0852 or visit our website

www.usoac.org/wn4s

Page 7