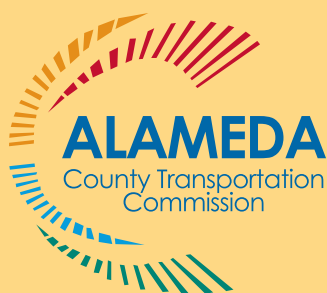


Aging & Senior Mobility in Alameda County



Special transportation services for seniors and people with disabilities in Alameda County are supported by Measures B and BB – Alameda County's voter-approved sales tax for transportation.

Mobility is essential to maintaining independence, health, social connections, and employment opportunities as we age.

Alameda County's older residents are a key resource for



our economy and civic life. Today's seniors place a high value on community involvement and volunteerism and also are expected to extend their participation in the labor force beyond the traditional retirement age.

The Alameda County Transportation Commission (Alameda CTC)



is committed to enhancing mobility for Alameda County's older residents whether for work, recreation, social, or other types of trips. With transportation funding from the countywide half-cent sales tax, the Alameda CTC helps residents meet the challenges of aging and continue to be healthy, active, and engaged in our communities.

This brochure provides some information on why maintaining



senior mobility is important and describes several programs that can help you or your loved ones to remain mobile, independent, and connected in Alameda County.

Why Transportation Access for Seniors Matters



Alameda County is a great place to live as an older adult. Still, there are many challenges faced by our residents that limit their ability to maintain mobility, independence, and community connections as they age.



Seniors benefit from programs that enhance personal mobility.



Seniors are twice as likely to have no personal vehicle available. 19% of the senior population compared to 11% of the general population has no personal vehicle.



Seniors are 4 times as likely to have a disability. 35% of the senior population compared to 9% of the general population has a disability.

50%

of older adults in Alameda County **cannot fully cover their living expenses.**



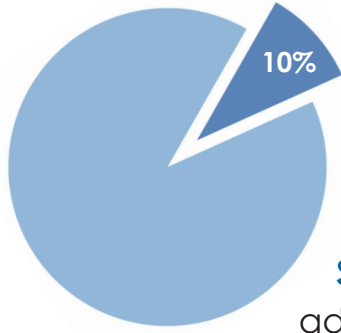
Despite Alameda County's relatively rich mix of transportation services overall, many lower-density areas have **limited transit and paratransit services.**



In Alameda County, 31% of residents are foreign born, 43% **speak a language other than English at home**, and 6% have limited English proficiency, which can make learning about transportation services and programs difficult.



How the Transportation Sales Tax Helps



Alameda County has a voter-approved one-cent sales tax for transportation. More than **10% of this tax revenue is dedicated to enhancing Special Transportation for Seniors and People with Disabilities.** As the agency administering this sales tax revenue, the Alameda CTC is actively working to meet the mobility needs of Alameda County's residents, including the growing number of older adults and seniors.

Services funded by the voter-approved sales tax revenue:

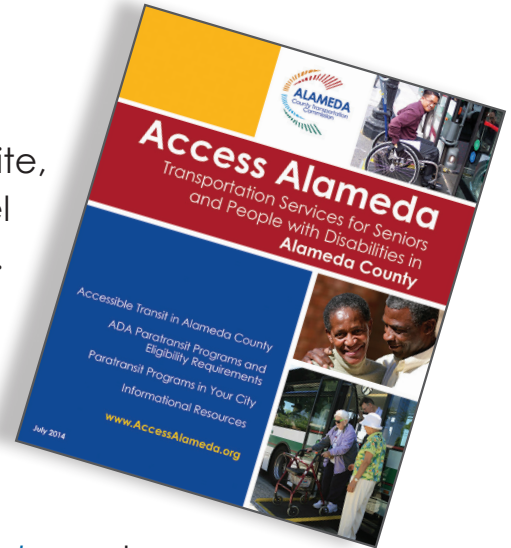
- **Taxi Programs** offer subsidized taxi service, addressing a same day transportation need that traditional paratransit programs do not provide.
- **City-based Door-to-Door Programs** for seniors and people with disabilities complement ADA paratransit services, offering pre-scheduled door-to-door transportation in several Alameda County cities.
- **Shuttles designed for seniors** are ADA-accessible and follow a fixed route and schedule to shopping, recreation, and medical destinations.
- **Volunteer Driver Programs** offer additional assistance to help older adults and people with disabilities get from inside their home to inside their destination. This is unlike other ride programs, which may only offer curb-to-curb service.
- **Travel Training Programs** provide training to support and promote the use of public transit services by seniors and paratransit program participants.
- **Complete Streets** is a policy the Alameda CTC requires from all local jurisdictions receiving funding from the transportation sales tax. Streets must be designed, built, and maintained *"to be safe, convenient, and inviting for all users of the roadways, including pedestrians, bicyclists, motorists, persons with disabilities, movers of commercial goods, users and operators of public transit, seniors, and children."*

Senior Mobility: Stay Connected!

Whether you are caring for an older adult or find getting around more difficult as you age, below are some resources to help ensure Alameda County's seniors remain mobile, connected, and independent.

Connect with Transportation Services:

- Visit The Alameda CTC's Access Alameda website, www.accessalameda.org, for countywide travel resources for seniors and people with disabilities. Residents should use this website to determine which services are most appropriate for themselves or their loved ones and to apply to specific programs. A printed version of this guide is also available.
- Dial 2-1-1 or visit transportation.211alamedacounty.org to connect with transportation and other community services.
- Contact the Alameda CTC's Paratransit Information Line at (866) 901-PARA (7272).



Connect with Us:

- To find out more about the Alameda CTC and its Special Transportation Programs or to request a presentation or outreach materials, please contact Naomi Armenta, Alameda CTC Paratransit Coordinator, at (510) 208-7469 or narmenta@alamedactc.org.



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