

Attention!!!

Please note that in February, the PAPCO meeting will be followed by a PAPCO/TAC Joint meeting. We will meet from 1 to 4 p.m. Please plan your transportation accordingly. The agenda packet is enclosed.

If you have any questions, please contact Naomi at (510) 208-7469.

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Paratransit Advisory and Planning Committee Meeting Agenda

Monday, February 25, 2013, 1 to 2:15 p.m.

Meeting Outcomes:

- Begin to establish membership on Finance and Program Plan Review Subcommittees
- Begin to establish membership on Gap Grant Cycle 5 Review Subcommittee
- Begin to establish Subcommittee for 5310 Scoring

1:00 – 1:12 p.m. **1. Welcome and Introductions**

Sylvia Stadmire

1:12 – 1:15 p.m. **2. Public Comment**

Public

1:15 – 1:20 p.m. **3. Approval of January 28, 2013 Minutes**

Sylvia Stadmire 03 PAPCO Meeting Minutes 012813.pdf – Page 1

1:20 – 1:30 p.m. **4. Begin to establish Finance and Program Plan Review Subcommittees Membership**

04 Finance Subcommittee Information.pdf – Page 9
04A Program Plan Review Subcommittee Information.pdf – Page 11

PAPCO members will volunteer for subcommittees for Finance and Program Plan Review. The Finance Subcommittee will meet on Friday, March 22nd. The Program Plan Review Subcommittees will meet on April 4 and 5.

1:30 – 1:40 p.m. **5. Begin to establish Gap Grant Cycle 5 Review Subcommittee Membership**

05 Gap Grant Cycle5 Review Subcommittee Information.pdf – Page 15

PAPCO members will volunteer for a subcommittee for Gap Grant Cycle 5 review. The subcommittee will meet on March 15th, 27th, and April 12th.

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- 1:40 – 1:45 p.m. **6. Begin to establish a Subcommittee for 5310 Scoring** |
Staff [06 5310 Scoring Subcommittee Information.pdf](#) –
Page 17
PAPCO members will volunteer for a subcommittee for 5310 scoring. The subcommittee will meet on March 18.
- 1:45 – 2:00 p.m. **7. Member Reports on PAPCO Mission, Roles, and** |
PAPCO **Responsibilities Implementation**
[07 PAPCO Calendar of Events.pdf](#) – **Page 19**
[07A PAPCO Workplan.pdf](#) – **Page 21**
[07B PAPCO Appointments.pdf](#) – **Page 25**
- 2:00 – 2:10 p.m. **8. Committee Reports** |
Rev. Carolyn Orr A. East Bay Paratransit Service Review Advisory
and Harriette Committee (SRAC)
Saunders B. Citizens Watchdog Committee (CWC)
- 9. Mandated Program and Policy Reports**
[09 Hayward Monthly Report Dec12.pdf](#) – **Page 27**
[09A WAAC Minutes 120512.pdf](#) – **Page 31**
[09B Transit Access Report 021213.pdf](#) – **Page 37**
- 2:10 -2:15 p.m. **10.Information Items** |
Staff A. Mobility Management
[10A Walk Friendly Communities.pdf](#) – **Page 39**
B. Outreach Update
C. Other Staff Updates
- 11. Draft Agenda Items for March 25, 2013 PAPCO Meeting** |
A. One Bay Area Grant Program Update
B. Finance Subcommittee Status Report
C. Annual Mobility Workshop Update
D. Gap Grant Cycle 5 Update
E. Update on HDTS/WSBTS
- 2:15 p.m. **12.Adjournment**

Next PAPCO Meeting:

Date: March 25, 2013

Time: 1 to 3:30 p.m.

Location: Alameda CTC Offices, 1333 Broadway, Suite 300, Oakland, CA 94612

Staff Liaisons:

John Hemiup, Senior Transportation
Engineer

(510) 208-7414

jhemiup@alamedactc.org

Naomi Armenta, Paratransit
Coordinator

(510) 208-7469

narmenta@alamedactc.org

Location Information: Alameda CTC is located in Downtown Oakland at the intersection of 14th Street and Broadway. The office is just a few steps away from the City Center/12th Street BART station. Bicycle parking is available inside the building, and in electronic lockers at 14th and Broadway near Frank Ogawa Plaza (requires purchase of key card from bikelink.org). There is garage parking for autos and bicycles in the City Center Garage (enter on 14th Street between Broadway and Clay). Visit the Alameda CTC website for more information on how to get to the Alameda CTC: <http://www.alamedactc.com/directions.html>.

Public Comment: Members of the public may address the committee regarding any item, including an item not on the agenda. All items on the agenda are subject to action and/or change by the committee. The chair may change the order of items.

Accommodations/Accessibility: Meetings are wheelchair accessible. Please do not wear scented products so that individuals with environmental sensitivities may attend. Call (510) 893-3347 (Voice) or (510) 834-6754 (TTD) five days in advance to request a sign-language interpreter.

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Paratransit Advisory and Planning Committee Meeting Minutes Monday, January 28, 2013, 1 p.m., 1333 Broadway, Suite 300, Oakland

Attendance Key (A = Absent, P = Present)

Members:

<u> P </u> Sylvia Stadmire, Chair	<u> P </u> Sandra Johnson- Simon	<u> P </u> Carmen Rivera- Hendrickson
<u> P </u> Will Scott, Vice-Chair	<u> P </u> Gaye Lenahan	<u> P </u> Michelle Rousey
<u> P </u> Aydan Aysoy	<u> P </u> Jane Lewis	<u> P </u> Harriette Saunders
<u> P </u> Larry Bunn	<u> P </u> Jonah Markowitz	<u> P </u> Esther Waltz
<u> P </u> Shawn Costello	<u> P </u> Rev. Carolyn Orr	<u> P </u> Hale Zukas
<u> P </u> Herb Hastings	<u> P </u> Suzanne Ort	
<u> A </u> Joyce Jacobson	<u> P </u> Sharon Powers	
	<u> P </u> Vanessa Proee	

Staff:

<u> P </u> Matt Todd, Manager of Programming	<u> P </u> John Nguyen, Hatch Mott MacDonald
<u> P </u> John Hemiup, Senior Transportation Engineer	<u> P </u> Krystle Pasco, Paratransit Coordination Team
<u> P </u> Naomi Armenta, Paratransit Coordinator	<u> P </u> Angie Ayers, Acumen Building Enterprise, Inc.
<u> P </u> Cathleen Sullivan, Nelson/Nygaard	

1. Welcome and Introductions

Sylvia Stadmire called the meeting to order at 1 p.m. The meeting began with introductions and a review of the meeting outcomes.

Guests Present: Dana Bailey, City of Hayward; Vivek Bhat, Alameda CTC Staff; Jennifer Cullen, Senior Support Program of the Tri-Valley; Kadri Klm, Livermore Amador Valley Transit Authority; Kimberly Overton, City of San Leandro; Margaret Strubel, Acumen Building Enterprise, Inc.; Laura Timothy, San Francisco Bay Area Rapid Transit; Mark Weinstein, East Bay Paratransit

2. Public Comments

There were no public comments.

3. Approval of November 26, 2012 Meeting Minutes

Sylvia Stadmire requested we add Sandra Johnson-Simon to the Outreach Summary Report for the Healthy Aging Fair on August 8, 2012. Gaye Lenahan stated that the value on page 3 should change from 72,000 to 7,200.

Herb Hastings moved to approve the PAPCO November 26, 2012 minutes with the above corrections. Jonah Markowitz seconded the motion. The motion carried unanimously (19-0).

Jonah Markowitz moved to approve the Joint TAC/PAPCO November 26, 2012 minutes. Esther Waltz seconded the motion. The motion carried unanimously (19-0).

4. Discussion on Upcoming PAPCO Subcommittees

Naomi Armenta discussed the upcoming PAPCO subcommittees and requested PAPCO members to consider which committees they want to volunteer for in February. She noted that all subcommittees earn a per diem. The schedule for the upcoming subcommittee meetings is as follows:

- Program Plan Review
 - Fiduciary Training and Finance – Friday, March 22, 1-3 p.m.
 - Program Plan Review – Thursday and Friday, April 4-5, 9:30 a.m. to 3:30 p.m.
- 5310 Scoring
 - 5310 Scoring Subcommittee – Monday, March 18, 10 a.m. to 4 p.m.
- Gap Grant Cycle 5 Review
 - Gap Review 1 – Friday, March 15, 9:30 a.m. to 12:30 p.m.
 - Gap Review 2 – Wednesday, March 27, 9:30 a.m. to 12:30 p.m.
 - Gap Review 3 – Friday, April 12, 9:30 a.m. to 12:30 p.m.

5. Paratransit Gap Grant Cycle 5 Program Update

Cathleen Sullivan gave an update on the Paratransit Gap Grant Cycle 5 program. She stated that the majority of gap grant funds, \$1.7 million, will be used to support two-year mobility management activities. Cathleen mentioned that funds are also available for grant matching, capital purchases and

implementation guidelines assistance. The following are the next steps for the Gap Grant Cycle 5 program:

- The call for projects will be released on February 1, 2013.
- A mandatory applicant workshop is scheduled for February 7, 2013 at 10 a.m. at Alameda CTC offices.
- Applications for the two-year cycle are due on March 4, 2013.

6. One Bay Area Grant Program Update

Vivek Bhat gave an update on the One Bay Area Grant (OBAG) program. He stated that the Commission approved the selection and scoring criteria at its December 2012 meeting and gave staff the approval to release a call for projects. In response to a request from PAPCO a list of Priority Development Areas (PDAs) is in the agenda packet. The list also includes a link to the map for PDAs within Alameda County:

http://www.alamedactc.org/files/managed/Document/8283/AlamedaCTC_PD_A_PCA_Map.pdf.

Questions/feedback from members:

- What are the projects in PDA #9 Livermore: Downtown and PDA# 21 Pleasanton: Hacienda? Staff stated that the call for projects is proposed to be issued in February. The descriptions of projects submitted will be brought to PAPCO at a later date.
- What is a PDA? Staff stated PDA stands for Priority Development Areas. As part of a voluntary program that was developed by the Association of Bay Area Governments (ABAG) in 2006, cities selected areas for growth, such as housing near transit.

7. Outreach Summary Report for 2012

Krystle Pasco summarized the outreach events for 2012. She mentioned that there are three different types of events:

- Outreach events
- Interagency outreach
- Materials distribution

8. City of Hayward Monthly Reporting Update

Cathleen Sullivan said that the December report was received today and will come to PAPCO at the February meeting.

9. Livermore Amador Valley Transit Authority Quarterly Report

Kadri Külüm, Paratransit Planning Coordinator of the Livermore Amador Valley Transit Authority (LAVTA), gave an update on American Logistics Company (ALC) who provides Dial-A-Ride service for their agency.

Kadri reported that the performance issues that were reported in October 2012 have improved and she attributes the improvement to the new area manager. She mentioned that the number of complaints spiked in August 2012 because not have enough vehicles were available and the performance goals were not met. This problem has since been addressed.

Questions/feedback from the members:

- A member noted the program is good, but the ALC vehicles sent are not always the right vehicles for the consumers.
- What caused the increase of complaints in August? Kadri stated that the on-time performance was poor because there were not enough vehicles available.

10. East Bay Paratransit Report

Mark Weinstein and Laura Timothy gave an update on East Bay Paratransit (EBP). Mark and Laura reported that EBP ridership has decreased by an average of 200 riders a day. The decrease may be due to Sacramento budget cuts and the resulting closure of social service agencies. Mark stated that many vehicles are only carrying 1 or 2 people at a time as a result. Mark noted that complaints for timeliness have increased from 391 to 494. EBP recently hired five new call center agents.

Questions/feedback from the members:

- Did you take into account AC Transit's route changes? Laura said that the AC Transit's route changes happened before the decrease in EBP ridership and it dropped a bit at that time as well. She stated that the decrease is possibly due to the closure of daycare providers for seniors.
- Has EBP started testing the Interactive Voice Response (IVR)? Mark stated testing will begin after February 11, 2013. Mark explained that the IVR will call a rider the night before for a reminder call and will also call to let the client know that the vehicle is close to the pick-up point.
- Will someone contact the client once the vehicle is outside at the pick-up location? Mark said policy is not to contact the client at this point. It is the rider's responsibility to wait out front for the vehicle once the IVR

notifies the client that the vehicle is close. The client needs to be at the pick-up location within that 30-minute window that is set when the reservation is made.

- Have you identified a particular group of people to test the IVR software? Mark said that EBP will identify people that are frequent riders to test the software.

11. Member Reports and PAPCO Mission, Roles, and Responsibilities

Implementation

Sylvia noted that one of PAPCO members' responsibilities is to assist in outreach. She thanked the members for being diligent and working with Krystle in 2012 with the various events.

Sylvia Stadmire said she attended the 5310 application workshop at MTC in January. Sylvia also stated that during December, she was involved heavily with outreach programs dealing with seniors and community organizations.

Shawn Costello wanted to make sure that he is placed on the list for the Alameda County Fair for this year.

Carmen Rivera-Hendrickson mentioned that Pleasanton Hacienda appreciated her help in reviewing the plans to ensure the plans followed the American with Disability Act protocol for people with disabilities and seniors.

Vanessa Proee mentioned that members who RSVP to the Disability Workshop on Buses and Health at the Ed Roberts Campus will receive lunch.

Jonah Markowitz informed the committee that he is undergoing a surgery procedure on February 12.

12. Committee Reports

A. East Bay Paratransit Service Review Advisory Committee (SRAC)

Naomi provided an update on the January 11, 2013 SRAC meeting. Naomi stated that she gave an update at the meeting on the outcome of Alameda CTC Measure B1. She mentioned that SRAC members wanted to know when Alameda CTC will try again for a ballot measure. Naomi stated that a presentation was given about the BART Police Department Community Service Manager disability training and awareness provided to BART Police Officers. Naomi gave the BART's Community Service Manager, Crystal

Raine, information on the wheelchair and scooter breakdown service. Naomi informed the committee that Mark Weinstein gave the broker's report.

Questions/feedback from the members:

- A member commented that the decrease in ridership may be caused by EBP poor level of service. The EBP buses are not usually on-time. It was noted that people with respiratory conditions cannot wait outside for the bus. Mark stated that EBP customer service calls the clients the night before to let them know when the bus will arrive.

B. Citizens Watchdog Committee (CWC)

Harriette Saunders gave an update on the CWC meeting. She reported that the CWC reviewed the Alameda CTC annual program year-end audit and compliance reports, received an update on 2000 Measure B Capital Projects and Pass-through Grant Programs, and received a presentation on the first consolidated Alameda CTC audit since the merger of the Alameda County Congested Management Agency and the Alameda County Transportation Improvement Authority.

Discussion took place regarding the BART Clipper Card, transit fare and the long standing access issues at the Bay Fair BART station. PAPCO members mentioned that the elevator at the Bay Fair BART station is located in the parking lot and safety is a real concern. PAPCO members also mentioned that elevators and escalators are sometimes not working at many of the BART stations. Naomi informed the committee that she will write a letter to the Boards expressing concern about access issues and safety. Larry Bunn and Herb Hastings suggested Naomi send a copy of the letter to the BART Accessibility Taskforce.

13.Mandated Program and Policy Reports

PAPCO members were asked to review these items in their packets.

14.Information Items

A. Mobility Management

Naomi discussed the *Get Going* mini guide. She informed the committee that Alameda CTC will print and fold the mini-guide. Naomi requested the members to let her know how many they may want.

B. Outreach Update

Krystle gave an update on the following upcoming outreach events:

- 2/5/13 – 4th Annual Transition Information Night, Fremont Teen Center from 6 to 8 p.m.
- 3/16/13 – Transition Information Faire, College of Alameda from 9:30 a.m. to 3 p.m.
- 3/21/13 – USOAC Annual Convention, Oakland Zoo from 9 a.m. to 4 p.m.

Carmen Rivera-Hendrickson stated that the Pleasanton Senior Center Transit Fair is not on the PAPCO calendar of events. Staff informed the committee that the date for this event changed from March to May and will appear on the May calendar.

C. Other Staff Updates

Sylvia asked who the two contract service providers for PAPCO are. Staff stated Nelson Nygaard and Acumen Building Enterprise, Inc. are the providers. Also, an update on the annually renewed contracts will come to PAPCO at a later date.

15.Draft Agenda Items for February 25, 2013 PAPCO and Joint PAPCO/TAC Meeting

- A. MTC Draft Coordinated Plan
- B. Establish Finance Subcommittee Membership
- C. Program Plan Review Subcommittee Membership
- D. Establish Gap Review Subcommittee Membership
- E. Establish 5310 Subcommittee Membership
- F. TAC report
- G. Gap Cycle 5 update
- H. 2013 Annual Mobility Workshop Brainstorm

16.Adjournment

The meeting adjourned at 3:05 p.m.

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Fiduciary Training and Finance Subcommittee

At the PAPCO meeting on February 25, 2013, PAPCO members will be asked to volunteer to be appointed to the Fiduciary Training and Finance Subcommittee. Below is background information to assist you in determining whether this is a subcommittee you are interested in volunteering for.

Background

The thirteen paratransit providers in Alameda County have to submit two reports – their Base Program Plan (early March) and a Compliance Report/Year End Report (December). The Finance Subcommittee reviews these submitted reports and addresses a number of issues including fiduciary responsibilities, unspent fund balances, and notable trends in revenues and expenditures. The primary focus of the subcommittee will be to review staff summary reports and identify issues for correction or clarification during Program Plan Review. The Fiduciary Training and Finance Subcommittee is a part of the Program Plan Review process and appointed members will be expected to attend both subcommittees.

Subcommittee Selection and Process

All subcommittees have a minimum membership of 3 and a maximum of quorum (currently 11). The Chair will ask for volunteers and appoint members – who will be notified by staff. Any members not appointed can still attend the meetings as audience members and participate in the discussion, but cannot vote or receive per diem.

Responsibilities

All PAPCO members that are appointed to these subcommittees will be responsible for carefully reviewing the somewhat extensive materials provided prior to the meeting(s) and coming prepared with comments and questions. Accessible materials can be arranged for any member by request.

PAPCO Meeting Date

- Friday, March 22, 2013, 1 to 3 p.m., Alameda CTC

Per Diem

Since this is a standing subcommittee (as listed in the Bylaws), appointed PAPCO members will receive a per diem.

Program Plan Review Subcommittee

At the PAPCO meeting on February 25, 2013, PAPCO members will be asked to volunteer to be appointed to the Fiduciary Training and Finance Subcommittee. Below is background information to assist you in determining whether this is a subcommittee you are interested in volunteering for.

Background

Program Plan Review is a primary PAPCO responsibility assigned by the ACTIA Board (now Alameda County Transportation Commission) and stated in the Bylaws Article III.C.1. as: *“Review of mandated and non-mandated services for cost effectiveness and adequacy of service levels and to make recommendations to the ACTIA Board regarding the approval of requests for funding.”* This year, PAPCO will be responsible for reviewing and recommending funding for Measure B funded paratransit programs totaling over \$10.2 million dollars. The Fiduciary Training and Finance Subcommittee is a part of the Program Plan Review process and appointed members will be expected to attend both subcommittees.

Subcommittee Selection and Process

All subcommittees have a minimum membership of 3 and a maximum of quorum (currently 11). The Chair will ask for volunteers and appoint members – who will be notified by staff. Any members not appointed can still attend the meetings as audience members and participate in the discussion, but cannot vote or receive per diem. PAPCO members should complete the Program Plan Review Subcommittee Form to indicate which programs they'd be interested in being appointed to.

Each program will be scheduled for at least a 45-minute time slot on one of the review dates. During that slot, program managers will provide a 10 minute presentation of their program, followed by a brief staff report on programmatic issues, financials (including questions identified through the Finance Subcommittee), program compliance and dramatic changes to any operating statistics. You will then have an opportunity to ask questions of each of the program managers before making your recommendation.

As part of your recommendation, you will have the opportunity to make comments or suggest ideas to the program managers regarding their programs. Once you make your comments or suggestions, you may simply

send a program plan on to the Commission for approval without comment, or you may attach comments or questions that you believe should be pursued by staff.

Your final recommendations will go before the full PAPCO in April for final approval before going to the Commission.

Responsibilities

All PAPCO members that are appointed to these subcommittees will be responsible for carefully reviewing the somewhat extensive materials provided prior to the meeting(s) and coming prepared with comments and questions. Accessible materials can be arranged for any member by request.

PAPCO Meeting Dates

- Thursday, April 4, 2013, 9:30 a.m. to 3:30 p.m., Alameda CTC
- Friday, April 5, 2013, 9:30 a.m. to 3:30 p.m., Alameda CTC

Per Diem

Since this is a standing subcommittee (as listed in the Bylaws), appointed PAPCO members will receive a per diem.

Conflict of Interest

PAPCO 5310 Scoring subcommittee members will be asked to recuse themselves from scoring any application where they may have a conflict of interest. Following are the general conflict of interest guidelines which will be applied to the 5310 Scoring Review subcommittee.

- If a PAPCO Subcommittee member was a member of an oversight committee of any applicant. For example, if a subcommittee member was on Oakland's Commission on Aging, then this would exempt them from scoring a City of Oakland application.
- If a PAPCO Subcommittee member sat on the Board of an agency applying.
- If a PAPCO Subcommittee member stood to gain politically or financially from an applicant receiving the funding.

Program Plan Review Subcommittee Volunteer Preference Form

Meetings are Thursday and Friday, April 4 and 5, from 9:30am to approximately 3:30pm.

Member Name: _____

I would like to be appointed to both days, all day. ☐

Select by day:

I would like to be appointed to all day Thursday. ☐

I would like to be appointed to Thursday morning. ☐

I would like to be appointed to Thursday afternoon. ☐

I would like to be appointed to all day Friday. ☐

I would like to be appointed to Friday morning. ☐

I would like to be appointed to Friday afternoon. ☐

Select by planning area:

I would like to be appointed to North County reviews. ☐

I would like to be appointed to Central County reviews. ☐

I would like to be appointed to East County reviews. ☐

I would like to be appointed to South County reviews. ☐

Select by program:

East Bay Paratransit ☐

LAVTA ☐

Union City Transit ☐

City of Alameda ☐

City of Albany ☐

City of Berkeley ☐

City of Emeryville ☐

City of Fremont ☐

City of Hayward ☐

City of Newark ☐

City of Oakland ☐

City of Pleasanton ☐

City of San Leandro ☐

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Gap Review Subcommittee

At the PAPCO meeting on February 25, 2013, PAPCO members will be asked to volunteer to be appointed to the Gap Review Subcommittee. Below is background information to assist you in determining whether this is a subcommittee you are interested in volunteering for.

Background

Gap Grant Cycle 5 will be the first full competitive paratransit grant cycle since 2008. In the prior two Calls, ACTIA received 20 and then 29 applications. We expect the Call to be competitive and evaluation and scoring will be very important. On February 7 the Alameda CTC held a mandatory workshop which was attended by approximately 30 potential applicants.

Subcommittee Selection and Process

All subcommittees have a minimum membership of 3 and a maximum of quorum (currently 11). The Chair will appoint members – who will be notified by staff. Any members not appointed can still attend the meeting as audience members, but cannot vote or receive per diem. The subcommittee will meet three times. At the first meeting the subcommittee will review scoring already done and identify questions for applicants. At the second meeting, the committee will review the answers, finalize scores, and summarize geographic equity. The third meeting will be an opportunity to finalize the recommendation and rationales.

Responsibilities

All PAPCO members that volunteer for this subcommittee will be responsible for reviewing and pre-scoring all grant application materials prior to the actual evaluation meetings. The volume of materials is likely to be extensive and members will have approximately 1 week to complete them and forward scores to staff. The time commitment is substantial, so PAPCO members are asked to seriously consider their ability to meet this commitment prior to signing up. If you will not have the time to review and pre-score all the applications before the scoring meetings, we ask that you not sign up for this committee. Volunteers for this subcommittee need to be available to attend all three meetings. Accessible materials can be arranged for any member by request.

PAPCO Meeting Dates

- Friday, March 15, 2013, 9:30 a.m. to 12:30 p.m., Alameda CTC
- Wednesday, March 27, 2013, 9:30 a.m. to 12:30 p.m., Alameda CTC
- Friday, April 12, 2013, 9:30 a.m. to 12:30 p.m., Alameda CTC

Per Diem

Since this is an ad hoc committee recommending funding to the Board, members will be eligible for a per diem for all meetings.

Conflict of Interest

PAPCO Gap subcommittee members will be asked to recuse themselves from scoring any application where they may have a conflict of interest. Following are the general conflict of interest guidelines which will be applied to the Gap Grant Review subcommittee.

- If a PAPCO Subcommittee member was a member of an oversight committee of any applicant. For example, if a subcommittee member was on Oakland's Commission on Aging, then this would exempt them from scoring a City of Oakland application.
- If a PAPCO Subcommittee member sat on the Board of an agency applying.
- If a PAPCO Subcommittee member stood to gain politically or financially from an applicant receiving the funding.

5310 Scoring Subcommittee

At the PAPCO meeting on February 25, 2013, PAPCO members will be asked to volunteer to be appointed to the 5310 Scoring Subcommittee. Below is background information to assist you in determining whether this is a subcommittee you are interested in volunteering for.

Background

PAPCO has been tasked by the Alameda CTC to *"To fulfill all responsibilities as the County Paratransit Coordinating Council (PCC), as assigned by MTC, the County, the State or the Federal government."* (Bylaws Article III.C.8.) Caltrans and MTC have requested that all of the County PCC's prepare to score applications for FTA 5310 2012 Federal Funding. 5310 provides capital grants to assist private non-profit corporations and, under certain conditions, public agencies, to purchase vehicles, and sometimes radio equipment or dispatching software.

Subcommittee Selection and Process

All subcommittees have a minimum membership of 3 and a maximum of quorum (currently 11). The Chair will ask for volunteers and appoint members – who will be notified by staff. Any members not appointed can still attend the meetings as audience members and participate in the discussion, but cannot score or receive per diem. 5310 applications are due on March 11. Subcommittee members will have the option of having the applications mailed to them or receiving them the day of the subcommittee. Representatives of organizations applying will be invited to scoring meetings to observe and improve future applications.

Responsibilities

All PAPCO members that volunteer for this subcommittee should be able to attend the scoring meeting and work cooperatively with other members to obtain a "consensus" score. Scoring criteria are dictated by Caltrans and rather complex, members should be ready to pay attention to detail and make some calculations. Accessible materials can be arranged for any member by request.

PAPCO Meeting Date

- Monday, March 18, 2013, 10 a.m. to Time TBD, Alameda CTC

Per Diem

Since this is a standing subcommittee (as listed in the Bylaws), appointed PAPCO members will receive a per diem.

Conflict of Interest

PAPCO 5310 Scoring subcommittee members will be asked to recuse themselves from scoring any application where they may have a conflict of interest. Following are the general conflict of interest guidelines which will be applied to the 5310 Scoring Review subcommittee.

- If a PAPCO Subcommittee member was a member of an oversight committee of any applicant. For example, if a subcommittee member was on Oakland's Commission on Aging, then this would exempt them from scoring a City of Oakland application.
- If a PAPCO Subcommittee member sat on the Board of an agency applying.
- If a PAPCO Subcommittee member stood to gain politically or financially from an applicant receiving the funding.

PAPCO Calendar of Events for February 2013 through April 2013

Full Committee Meetings

- **Regular TAC monthly meeting:**
Tuesday, February 12, 2013, 9:30 to 11:30 a.m., Alameda CTC
- **PAPCO/TAC Joint meeting:**
Monday, February 25, 2013, 1 to 4 p.m., Alameda CTC
- **Regular PAPCO monthly meeting:**
Monday, March 25, 2013, 1 to 3:30 p.m., Alameda CTC
- **Regular TAC monthly meeting:**
Tuesday, April 9, 2013, 9:30 to 11:30 a.m., Alameda CTC
- **PAPCO/TAC Joint meeting:**
Monday, April 22, 2013, 1 to 3:30 p.m., Alameda CTC

Subcommittee Meetings

- **Gap Review 1 Subcommittee Meeting:**
Friday, March 15, 2013, 9:30 a.m. to 12:30 p.m., Alameda CTC
- **5310 Review Subcommittee Meeting:**
Monday, March 18, 2013, 10 a.m. to Time TBD, Alameda CTC
- **Fiduciary Training and Finance Subcommittee Meeting:**
Friday, March 22, 2013, 1 to 3 p.m., Alameda CTC
- **Gap Review 2 Subcommittee Meeting:**
Wednesday, March 27, 2013, 9:30 a.m. to 12:30 p.m., Alameda CTC
- **Program Plan Review 1 Subcommittee Meeting:**
Thursday, April 4, 2013, 9:30 a.m. to 3:30 p.m., Alameda CTC
- **Program Plan Review 2 Subcommittee Meeting:**
Friday, April 5, 2013, 9:30 a.m. to 3:30 p.m., Alameda CTC
- **Gap Review 3 Subcommittee Meeting:**
Friday, April 12, 2013, 9:30 a.m. to 12:30 p.m., Alameda CTC

Outreach

Meeting Date	Event Name	Meeting Location	Time
3/16/13	Developmental Disabilities Council Transition Information Faire	College of Alameda, 555 Ralph Appezzato Memorial Parkway, Alameda, CA 94501	9:30 – 3 p.m.
3/21/13	USOAC Annual Convention	Oakland Zoo, 9777 Golf Links Road, Snow Building, Oakland, CA 94605	9:00 – 4:00 p.m.
4/23/13	North Berkeley Senior Center Health Fair	North Berkeley Senior Center, 1901 Hearst Avenue, Berkeley, CA 94709	1:00 – 4:00 p.m.
4/25/13	Albany Senior Center Senior Resource Fair	Albany Senior Center, 846 Masonic Avenue, Albany, CA 94706	10:00 – 1:00 p.m.

You will be notified of other events as they are scheduled. For more information about outreach events or to sign up to attend, please call Krystle Pasco at (510) 208-7467.

PAPCO Work Plan FY 2012-13

PAPCO activities throughout the year will be guided by PAPCO Goals and Bylaws. The PAPCO Chair or Vice Chair will report to the Alameda CTC Board every month.

Topic: PAPCO Development and Outreach			
Goal: Continue PAPCO's development as an informed and effective community advisory committee; accomplish outreach in a variety of ways in all areas of the County			
Actions	Completed	In-Progress	
All members to participate in at least one Outreach activity – write an article, speak at another meeting, visit Senior Centers, and/or attend an event		x	
Assist in distributing updated Access Alameda		x	
Assist in distributing TEP materials	x		
Assist in publicizing AccessAlameda.org website (magnets, etc)			
Monitor PAPCO appointments and vacancies		x	
Assist in planning Annual Workshop for 2013		x	
Staff will continue to be available to help draft talking points or articles for members		x	

Topic: Mobility Management			
Goal: Learn about and contribute to Alameda County's Mobility Management project			
Actions	Completed	In-Progress	
Provide input on Alameda County Mobility Management project		x	
Review materials regarding Mobility Management provided in meeting packet		x	

Topic: Planning and Sustainability			
Goal: Participate in discussions regarding policies for future funding of service.			
Actions	Completed	In-Progress	
Participate in discussion on amending Implementing Guidelines	x		
Participate in discussion on funding formula and potential TEP funding	x		
Participate in discussion on Gap Policies	x		
Participate in Gap Grant Cycle 5 Call			x

Topic: Fiduciary Oversight			
Goal: Continue fiduciary oversight over pass-through and grant funding			
Actions	Completed	In-Progress	
Receive Gap grant summary report in October	x		
Receive regular reports from reports from conditionally funded programs - LAVTA and Hayward		x	
Participate in 5310 Call and scoring in March			x
Hold a fiduciary training and finance subcommittee meeting in March			x
Continue to evaluate pass-through and grant programs and expenditures			

Topic: Planning and Policy Input			
Goal: Provide input on local and regional planning efforts and policy discussions			
Actions	Completed	In-Progress	
Receive a report from TAC at Joint meetings October February April	x	x	
Participate in other committees (e.g. SRAC, WAAC, AAC, City Commissions, etc.) and inform Chair and Paratransit Coordinator		x	
Receive regular summaries of ADA committees' minutes and Transit Access Reports		x	
Receive reports on MTC and Regional issues/events		x	
Staff will continue to forward opportunities for comments and participation via email		x	

Topic: Customer Service			
Goal: Participate in driver training and serve as a resource to providers; and facilitate communication and resolution of consumer complaints			
Actions	Completed	In-Progress	
Continue to be available to assist in East Bay Paratransit Driver Training and related items			
Continue to be available to assist LAVTA with Driver Training and related items			
Ensure that taxi providers have access to resources such as pocket guides from Easter Seals Project ACTION			

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CURRENT PAPCO APPOINTMENTS

Appointer

- AC Transit
- Alameda County
 - Supervisor Scott Haggerty, D-1
 - Supervisor Richard Valle, D-2
 - Supervisor Wilma Chan, D-3
 - Supervisor Nate Miley, D-4
 - Supervisor Keith Carson, D-5
- BART
- LAVTA
- City of Alameda
- City of Albany (Pending)
- City of Berkeley
- City of Dublin
- City of Emeryville
- City of Fremont
- City of Hayward
- City of Livermore
- City of Newark
- City of Oakland
- City of Piedmont
- City of Pleasanton
- City of San Leandro
- City of Union City
- Union City Transit

Member

- Hale Zukas
- Herb Hastings
- Michelle Rousey
- Sylvia Stadmire
- Vacant
- Will Scott
- Sandra Johnson Simon
- Esther Waltz
- Harriette Saunders
- Jonah Markowitz
- Aydan Aysoy
- Shawn Costello
- Joyce Jacobson
- Sharon Powers
- Vanessa Proee
- Jane Lewis
- Vacant
- Rev. Carolyn M. Orr
- Gaye Lenahan
- Carmen Rivera-Hendrickson
- Vacant
- Suzanne Ortt
- Larry Bunn

If you have any questions, please contact Naomi at (510) 208-7469.

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Hayward Monthly Report Form - DECEMBER

Service/Program Type and Name				Quantity Completed FY 12-13						
Service/Program Type <i>Drop-down Menu (See comment for descriptions)</i>	Service Description	Service/Program/ Project Name	Indicate what "quantity" in following columns is measuring	2012						FY12-13 Total
				July	Aug	Sept	Oct	Nov	Dec	TOTAL
Registrants	Newly enrolled, individual Hayward Paratransit riders.	Registrants	Number of registrants: Goal - 22	16	14	21	27	33	20	131
City-based Door-to-Door	Pre-scheduled, accessible, door-to-door service provided by the City of Hayward through MV Transportation.	Hayward Paratransit Door-to-Door Program - TO BE DISCONTINUED BY DECEMBER 31, 2012.	Trips: Goal - 416	246	289	257	261	158	157	1,368
Group Trips	Round-trip, accessible van rides for pre-planned outings or to attend specific events. Trips usually originate from senior centers or care facilities.	Hayward Paratransit Group Trips Program	Trips: Goal - 500	470	326	480	558	450	346	2,630
Group Trips	Accessible vans provided by Alzheimer's Services of the East Bay for day program clients.	Alzheimer's Services of the East Bay (ASEB)	Trips: Goal - 508	640	718	954	832	1,084	1,214	5,442
Taxi Program	Subsidized, same day, accessible transportation service operated throughout Central County.	Hayward Paratransit Taxi Program	Trips: Goal - 333	n/a	n/a	n/a	42	292	345	
TRIP PROGRAM TOTALS				1,372	1,347	1712	1,720	2,017	2,082	9,571
Mobility Mngmt/Travel Training	Para- and public transportation training to Hayward seniors and people with disabilities.	Hayward Paratransit Travel Training	Trainings or individuals trained: Goal - 508	n/a	n/a	n/a	18	14	10	42
Meal Delivery (no new programs)	Home delivered meal service operated by SOS Meals on Wheels to Hayward seniors who are unable to travel to congregate meal sites.	SOS Meals on Wheels	Meals Delivered: Goal - 2083	3,024	3,072	2,968	2,912	2,676	2,759	17,411
Management/Overhead	Program oversight, planning, budgeting, participation in regional/countywide meetings.	Hayward Paratransit	n/a							
Customer Service and Outreach	Activities associated with educating consumers about services that are available to them through Paratransit.	Hayward Paratransit	n/a							

Totals

9,440

Hayward Monthly Report F

Service	Fare Revenue							Total Cost (do not deduct fare revenue income)							
	2012						FY12-13 Total	2012						2013	FY12-13 Total
Service/Program Type <i>Drop-down Menu (See comment for descriptions)</i>	July	Aug	Sept	Oct	Nov	Dec	TOTAL	July	Aug	Sept	Oct	Nov	Dec	June	TOTAL
Registrants							-								-
City-based Door-to-Door	960	1,070	835	1,017	881	708	5,471	15,237	15,266	11,340	12,359	7,825	7,195		69,222
Group Trips	-	-					-	5,022	4,678	5,436	6,790	4,340	4,753		31,019
Group Trips							-	6,250	6,250	6,250	6,250	6,250	6,250		37,500
Taxi Program							-								-
TRIP PROGRAM TOTALS	960	1,070	835	1,017	881	708	5,471	26,509	26,194	23,026	25,399	18,415	18,198	-	137,741
Mobility Mngmt/Travel Training							-								-
Meal Delivery (no new programs)							-	2,041	2,041	2,041	2,041	2,041	2,041		12,246
Management/Overhead															-
Customer Service and Outreach															-
Totals								5,471						Total Cost	149,987
														Funds Available start of FY 12-13	\$1,239,422

Hayward Monthly Report F

Service	Notes
<p>Service/Program Type</p> <p>Drop-down Menu (See comment for descriptions)</p>	<p>Please indicate any:</p> <ol style="list-style-type: none"> 1. Customer Complaints 2. Issues/challenges encountered and how they have been addressed 3. Changes Planned or implemented 4. Other consumer input/feedback 5. Other relevant notes
Registrants	Enrollment is 90% of the target goal of 22 per month. The number of new applications showed a slight decrease as fewer applications were received over the holidays. Continuous promotion of the program through the CRIL Travel Training program is expected to help maintain goal.
City-based Door-to-Door	A total of 157 round trips were provided to individual riders (37% of goal). The number of clients for door-to-door service has declined, and the program anticipates a corresponding rise in taxi rides accessed during this period. Contract negotiations continue with MV Transportation, and it's anticipated they will continue to operate some door-to-door service with the approved contract.
Group Trips	18 service providers offered 24 groups with 346 rides in December (69% of goal). Providers continued to schedule trips during the December with a prolonged break for the holidays.
Group Trips	Ridership in November was 252% of goal. ASEB continues to market and promote its programs to families in need of their services in FY 12-13.
Taxi Program	Hayward Taxi launched October 2012. Ridership continues to increase, and as of December the program has exceeded its goal of 333 rides per month (345 rides attained =103% of goal).
TRIP PROGRAM TOTALS	
Mobility Mngmt/Travel Training	The Hayward PAC and CRIL's Travel Trainer continued to provide targeted outreach to mobile home parks, senior centers and programs for adults with developmental disabilities. Request for presentations are up, and marketing has increased as well.
Meal Delivery (no new programs)	Meals are 75% of goal for the month of December. Meals on Wheels continues to add seniors to the program, however saw a reduction in the number of meals delivered in December due to the holidays.
Management/Overhead	N/A
Customer Service and Outreach	The Hayward Paratransit Committee (PAC) is on hiatus in November and December 2012. The next scheduled PAC meeting is January 2013.

Totals

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LIVERMORE AMADOR VALLEY TRANSIT AUTHORITY
1362 Rutan Court, Suite 100
Livermore, CA 94551

WHEELS Accessible Advisory Committee

Meeting

DATE: Wednesday, December 5, 2012

PLACE: Diana Lauterbach Room LAVTA Offices
1362 Rutan Court, Suite 100, Livermore, CA

TIME: 3:30 p.m.

DRAFT MINUTES

1. Call to Order

The Vice-Chair Herb Hastings called the meeting to order at 3:30 pm.

Members present:

Herb Hastings	Alameda County
Connie Mack	City of Dublin
Sue Tuite	City of Dublin
Shawn Costello	City of Dublin - Alternate
Russ Riley	City of Livermore
Mary Evelyn Hummel	City of Livermore – Alternate
Rickie Murphey	City of Pleasanton
Pam Deaton	Social Services
Jennifer Cullen	Social Services

Staff Present:

Sylvia Cox	LAVTA
Kadri Kulm	LAVTA
John Hayes	ALC

Members of the Audience:

Esther Waltz	PAPCO
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2. **Citizens' Forum: An opportunity for members of the audience to comment on a subject not listed on the agenda (under state law, no action may be taken at this meeting)**

None

3. **Minutes of September 5, 2012 Meeting of the Committee**
Minutes Approved. (Riley/Mack)

4. **Title VI Survey**

As the WAAC is a non-elected committee representing LAVTA, its membership breakdown by race is required for reporting purposes by the FTA Title VI regulations. The Committee members and alternates that were present provided their races on a survey sheet.

5. **Bus Stops ADA Accessibility Improvements Update**

Sue Tuite and Herb Hastings had inspected Wheels bus stops for ADA accessibility improvements. Sue presented their findings to the Committee. The suggested improvements included installing concrete pads and lighting at various locations. The list is attached to the minutes.

6. **Customer Service Outreach Report**

John Hayes provided an overview of his role and his efforts to improve driver performance. He provided his card and said that if there were any problem trips that people were experiencing, to let him know and he would provide the trip personally to identify where the issues may be coming from and find a solution with headquarters. He said that the feedback from customers has been very positive.

In response to the large percentage of complaints due to booking problems, ALC management has assigned a dedicated Reservations Manager to oversee the LAVTA account. It is expected that the dedicated manager will improve reservations-related issues.

WAAC members suggested that it would be useful if Dial-A-Ride drivers would be wearing similar outfits and had nametags that are more visible than the current ones.

7. **PAPCO Report**

Esther Waltz gave a report on the October 22 and November 26 PAPCO meetings. PAPCO members re-elected the current Chair and Vice-Chair, discussed the GAP grant and paratransit programs' implementation guidelines, reviewed the proposed changes to PAPCO bylaws, and evaluated the Paratransit

Coordination Team. Ms. Waltz also said that LAVTA and Hayward presented their quarterly reports to PAPCO and both were good presentations.

8. Operational Issues – Suggestions for Changes

Committee members reviewed the items on the current Operational Issues log. For items that were outside of LAVTA's control, it was recommended that education efforts could improve the situation. For instance, the ALC 1-866 number can be provided on LAVTA Dial-A-Ride materials. Outreach at senior centers could be performed, as well. New tasks that were added to the log include have an automated reminder call 15 minutes before the pickup and the appearance of ALC drivers.

One member suggested having Dial-A-Ride Scholarship program update as an item for the next WAAC meeting.

13. Adjourn

The meeting was adjourned at 4:45 pm.

10 westbound

PAPCO Meeting 02/25/13
Attachment 09A

1. Wall street needs
lighting

California St./Stanley blvd.
both need lighting

2. Mohr Ave stop by storage
needs lighting

3. Stoneridge stop before
ValleyCare needs lighting

? Tree Trimming for buses

Dec 5Th Meeting Waac

1. ~~Bus stops - Paragon - ✓ complete~~
2. Bus stop in Livermore (14) stop at
P4pine on (12) Sata Sun Needs to be
removed or Needs to be fixed - Padding
3. (15) Bus
Stop at Target at stop light needs
to be removed or fixed - Padding - *enlarged
to handle
large
w/c*
4. Maple Street^{a3rd} (10) stop needs fixing rocky
5. Walmart stop at Owens - westbound
Signage is it being fixed? *needs to be
with improve
made*
6. Dry Run on Route (3)
Dry Run on 11 15 18
7. (10) eastbound Valley Care - wheelchair
excessible & no lighting at all. *stop not*
8. (10) Mohr Ave stop eastbound - no padding
9. ? Eastbound 10 Delvalle Parkway
Signage - Post
10. 10 Eastbound Rail Road & N St.
needs lighting
11. 10 Eastbound ASbury church stop
needs fixing - no padding

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FEBRUARY 12, 2013

ATTACHMENT 8
Transit Correspondence

DOT Advises Large Bus Lines To Give Notice on Connections

Large over-the-road bus (OTRB) companies are being advised to give a heads-up to persons with disabilities who will connect to a small OTRB line. Though large companies are required to have fully accessible fixed-route fleets, small operators do not have to meet the same requirements. Hence new guidance, the DOT believes a passenger with a disability who purchases a ticket or makes a reservation for an interline trip that will connect to a small OTRB operator should, at the time of booking, be notified that the small carrier may require 48-hour advance notice in order to provide an accessible bus and, if there is less than 48 hours at booking, of the possibility that an accessible bus may not be available at his or her transfer point to prevent a situation in which a passenger is stranded because the connection is inaccessible.

FTA Rejects ADA Complaint From Rider With Poor Hygiene

In an extreme case of poor personal hygiene, the FTA is back Pioneer Valley Transit Authority's (PVRTA) decision to suspend a person with a disability from fixed-route bus service. PVRTA considered the rider's hygiene so bad that it posed a "health hazard" to others. The FTA says PVRTA, on several occasions, sent another bus to transport the rider, then took the second vehicle out of service for "decontamination." According to the FTA, PVRTA told the rider that taking a bus out of service for that purpose constitutes a "serious disruption" of service. The FTA said it could not conclude that the rider's conduct was not in fact "seriously disruptive" and thus justified the suspension under the DOT's ADA. The FTA sent a letter to the complainant citing no ADA violation.

Access Board Faces Decision On Slope for New Bus Ramps

The Access Board is faced with making a decision on the slope of future bus ramps. The issue arose during the federal board's overhaul of guidelines for transit buses and vans. Although the board proposed reducing the maximum allowable slope for bus ramps from 1:4 to 1:6; there have been reports from the field of problems with certain ramp models already designed to the shallower specification. A built-in bend in the ramp may cause a wheelchair user to topple over backwards when climbing the top part of the ramp or to plunge down the ramp when exiting the bus. Lift-U stated that it believes that obstacles to bus accessibility will be overcome through innovation and they have a "dual mode" device that offers both a 1:8 maximum slope when deployed to a 6-inch curb and transforms to a 1:6 slope when deployed to the roadway. Ricon commented that it manufactures a BR2C Series, Commercial Bi-Fold Ramp that does not compromise the level space available at the top of the ramp. The requirements for accessibility of transit vehicles are published in Part 38 of the DOT's ADA regulations. Revised guidelines will have the force of federal regulation once they have been adopted by the DOT as specifications. Access Board sources have said they are aiming for completion of the vehicle guidelines in 2013.

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Giving Cities Legs

Ideas and Inspirations from Walk Friendly Communities

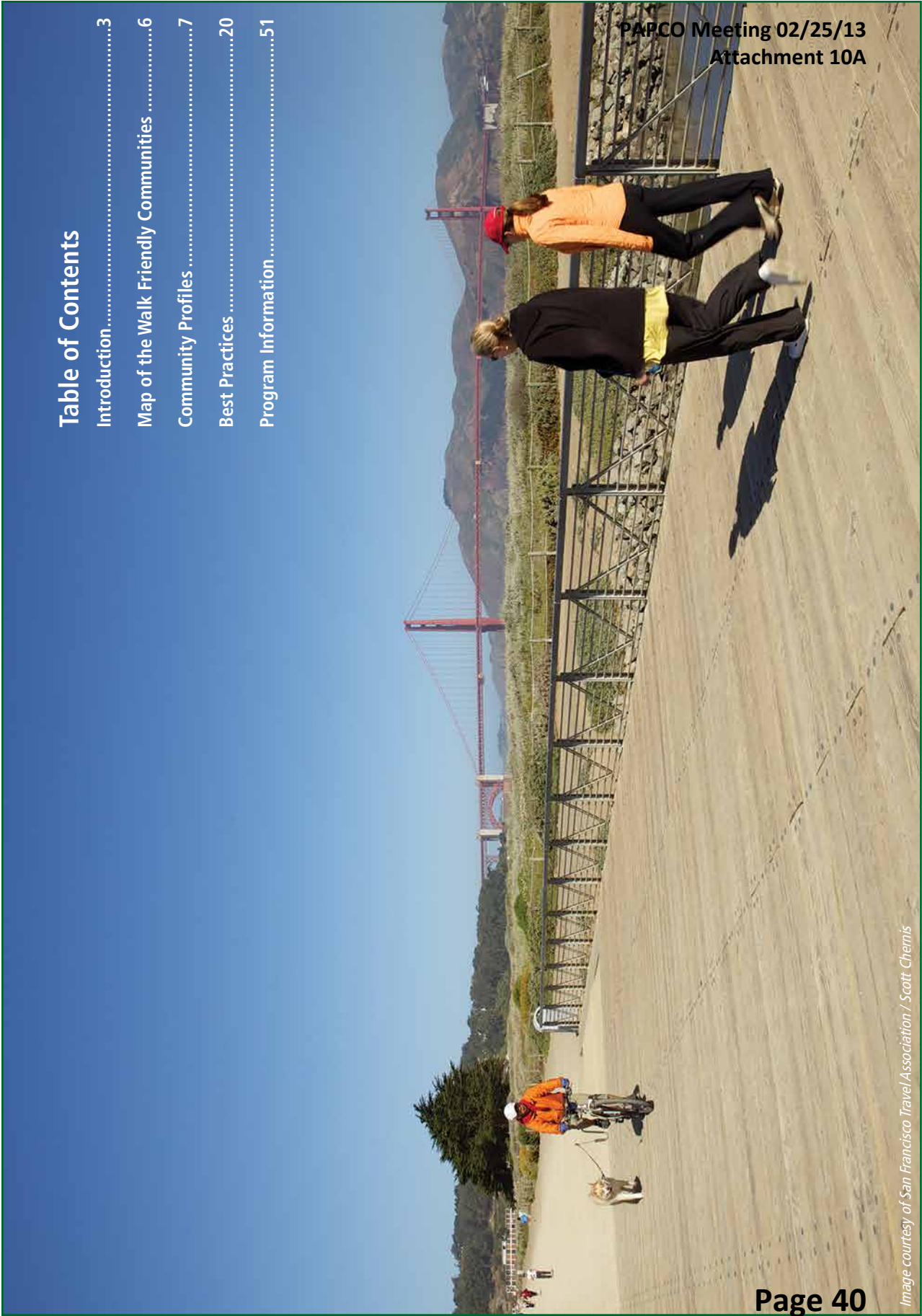
PAPCO Meeting 02/25/13
Attachment 10A

January 2011 – August 2012



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Map of the Walk Friendly Communities	6
Community Profiles	7
Best Practices	20
Program Information.....	51



PAPCO Meeting 02/25/13
Attachment 10A



Our Mission

Walk Friendly Communities (WFC) is a national recognition program that encourages cities and towns across the United States to prioritize support for safe walking environments.

The WFC program's mission is twofold: to recognize existing walkable communities and to provide a framework for communities seeking to improve their walkability. The WFC program highlights the successes of the communities that have made great strides in improving walking over recent years to provide inspiration to other cities and towns.

Since the program began in the fall of 2010 until January of 2012, we have been excited to provide feedback to 64 communities in 29 different states, recognizing 24 of them as Walk Friendly Communities.

Walk Friendly Communities are all over the U.S., but have one major quality in common: an enthusiastic commitment to safer walking environments. They stand behind key walkability initiatives such as creating dedicated pedestrian plans, hiring supportive staff, planning for mixed-use development, and building comprehensive sidewalk networks.

While the potential for nationwide recognition is a compelling part of our program, all communities—no matter how walkable they are—can benefit simply from filling out the WFC application. This application evaluates efforts in planning and the “five Es:” engineering, education, encouragement, enforcement, and evaluation. We place a particular emphasis on progress and recent successes. Each community that submits a WFC application receives personalized feedback to assist in improving their walkability.

In this way, the WFC application is also a useful self-assessment tool. It helps cities and towns summarize their current accomplishments as well as areas for potential improvement. The tool connects applicants to resources within each question. Communities with underdeveloped pedestrian facilities may find these especially helpful. Receiving feedback from the WFC staff can then help applicants make a strategic plan for the future. The WFC application process is a great way to engage community advocates and city staff among different departments in a discussion of current activities and future opportunities.

In this guide, we have intended to supplement the community profiles and assessment tool on our website (www.walkfriendly.org). We will show you some of the best practices of communities that have received the WFC designation. These stories have been selected as great examples that could be adapted to work in a variety of different settings—urban to suburban—in communities looking to improve their own walking environment. We believe that any city or town, large or small, can achieve safer walking environments.

As the program grows, we look forward to celebrating the successes of even more cities and towns and using that information to inspire and provide guidance to help make every community more walkable. By examining real-life examples of how these initiatives are working in communities across the U.S., we hope that this guide helps your city support and promote safer walking environments as a way to improve health, environmental, economic, and social standing.



Image courtesy of City of Wilsonville

“Receiving the award definitely has made all of the difference to city departments. They’re more likely to be a part of the conversation – for example, when we’re at city hall with the economic department, it’s worked its way into conversation.”

Jeff Owen

Wilsonville, OR, Bicycle and Pedestrian Coordinator

**PAPCO Meeting 02/25/13
Attachment 10A**



Why Walk Friendly Communities?

Walking provides opportunities for active transportation and recreation, helps conserve the environment, promotes economic development, and creates more interaction among people.

Yet today, most Americans are forced to rely on one sole form of transportation—the car. As a result of economic, social, and land use policies that necessitate driving, use of cars for commuting and other trips has vastly increased in the past few decades. The result? Poorer health, environmental pollution, loss of social capital, and economic strain. However, by encouraging active transportation, communities can deliver tangible health, economic, and environmental benefits.

Health Benefits

The annual medical costs of physical inactivity are an estimated \$76 billion.

Safer walking environments have an enormous impact on some of major public health crises facing the U.S. Some of the top ten causes of death—heart disease, cancer, respiratory illness, unintentional injury, and diabetes—can be reduced by creating places where people can walk safely and freely. Improving health through safer walking environments also has economic impacts in terms of avoided medical costs and wages lost due to sickness caused or exacerbated by physical inactivity or traffic injuries.

Incorporating exercise into our daily routines, instead of having to set time apart for it, is a practical way to overcome obstacles that make it difficult to exercise. This doesn't mean we should stop building trails and greenways for recreation. But it is clear that we should build

walkable communities where people can get activity simply from going about their daily routines.

Environmental Benefits

Motor vehicles are the largest contributor to air pollutants that can cause cancer and other serious health or environmental effects. While small improvements in fuel efficiency can reduce the amount of vehicle emissions, these are outweighed by large increases in the number of miles driven in the past two decades. This is why it is important not only to control air pollution produced by cars, but also to decrease the number and mileage of cars on the road. This can be achieved by planning and designing cities where people have the choice to walk instead of drive.

Economic Benefits

According to the Rails-to-Trails Conservancy, active transportation (walking and bicycling) saves \$4.1 billion a year. With even modest increases in the amount of active transportation, we could save \$10.4 billion, and with more substantial increases, we could save \$65.9 billion.

Building walkable infrastructure is more cost-effective than building highways, and maximizes access to transit. It costs 22 times more to build infrastructure for low-density development than for high-density development.

Sidewalks are much less expensive to build than highways, and they also have a higher capacity to move more people in less space. Sidewalks also confer savings in terms of lower health care spending, reduced dependence on foreign oil, and reduced pollution. One mile of four-lane highway costs \$20-80 million. One mile of sidewalk costs \$100,000.



In walkable communities, property and land values are higher, and economic development is spurred by tourism and commercial investment. People are willing to pay a 40-200 percent premium for homes and offices in walkable locations. Constructing pedestrian facilities creates jobs, and encourages commercial development to cater to pedestrians and trail users.

The Public Demands Walkable Communities

At least a third of households want to live in walkable places, but only 5-20 percent of the housing supply in most regions would be considered walkable.

The public supports creating walkable communities—ones that cannot only be traveled by car or bike, but on foot. It is about choices: a safer walking environment offers the choice of walking, biking, driving, or transit. Studies have found that a market exists for walkable urbanism—and that there is pent-up demand for it.

Moreover, public support for walkable communities is not just a passing fad borne out of boredom or popular culture. It is a result of population-level changes in the demographics of our nation. The baby boomers are aging, and as a result, there is a decline in the number of households with children living at home—meaning that growth in homes will be driven by empty nesters, families without children, and singles—people who want walkable development.

Reversing the Trend

We can encourage people to walk more and drive less through building safer walking environments. We can create prudent policies and designs that provide safety, access, comfort, and mobility. Communities that have a mix of different land uses, higher density, and more connected street networks inspire more walking and better health. This guide will show you case studies of Walk Friendly Communities who have followed these best practices.



Image courtesy of City of Decatur

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