# Alameda CTC Get Rolling/BTWD Research 

## Summary Deck

## Prepared for Alameda County Transportation Commission



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EMC \#I0-4333
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## Methodologies

## Resident survey:

- Telephone survey of adult residents of Alameda County 400 completed interviews
- Random-digit-dial methodology; both landline \& cellular phones
- Margin of error $\pm 4.9 \%$
- Conducted November 30-December 5, 2010
- Interviews conducted by trained, professional interviewers
- Survey conducted in English, Spanish and Cantonese
- Oversample used to capture adequate interviews from Eastern portion of County, results weighted to reflect true population distribution


## Bicyclist survey:

- Web survey of bicyclists in Alameda County
b 656 completed interviews
- Survey link was broadcast to a variety of online lists and forums, such as East Bay Bicycle Coalition, TransForm, Bay Area Bike Coalition, Walk Oakland Bike Oakland, East Bay Bike Party, Oakland Yellowjackets, UC Berkeley, \& Local bike shop distribution lists
- Respondents self-selected.
- Survey open December 7, 2010 to January 17,201|

As with any opinion research, the release of selected figures from this report without the analysis that explains their meaning would be damaging to EMC. Therefore, EMC reserves the right to correct any misleading release of this data in any medium through the release of correct data or analysis. Please note that due to rounding, percentages may not add up to exactly 100\%

## Summary of Awareness and Participation

Residents survey $\quad$ Bicyclists survey


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## Population Profile

## Demographics



## Geographic Distribution

| City of Residence | Residents telephone survey | Bicyclists web survey |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Oakland | 24\% | 41\% |  |  |  |
| Berkeley | 7\% | 18\% | Region | Residents telephone survey | Bicyclists web survey |
| Alameda | 6\% | 8\% |  |  |  |
| Albany | 1\% | 6\% |  |  |  |
| San Leandro | 6\% | 4\% | North Alameda County | 43\% | 77\% |
| Emeryville | 1\% | 2\% |  |  |  |
| Fremont | 14\% | 2\% | Central <br> Alameda County | 28\% | 5\% |
| Hayward | 12\% | 1\% |  |  |  |
| Livermore | 6\% | 0\% |  |  |  |
| Union City | 5\% | 1\% | South Alameda County | 17\% | 4\% |
| Pleasanton | 5\% | 1\% |  |  |  |
| Castro Valley | 3\% | 1\% | East Alameda County | 12\% | 2\% |
| Newark | 2\% | - |  |  |  |
| San Lorenzo | 2\% | 0\% |  |  |  |
| Dublin | 1\% | 1\% | Other / Non- Alameda County | - | II\% |
| Other Alameda County | 5\% | 2\% |  |  |  |
|  |  |  |  |  |  |
| Richmond | - | 2\% |  |  |  |
| San Francisco | - | 2\% |  |  |  |
| Other outside Alameda County | - | 5\% |  |  |  |

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Residents Survey: $\mathrm{n}=400$

Bicyclists Survey: $n=656$

## Travel Destinations

In a typical week, how many days would you say you do each of the following?

## Residents phone survey

Bicyclists web survey
$\square$ At least once a week $\quad$ Less than once a week $\quad$ Never



## Residents Telephone Survey: Travel Modes

In a typical week, how many days would you say you do each of the following?
$\square$ At least once a week Less than once a week Never


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## Bicyclists Web Survey: Travel Modes

In a typical week, how many days would you say you do each of the following?
70. Travel in a car with someone else, whether you are the driver or a passenger
$\square$ At least once a week Less than once a week Never
.


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## Work Profile

In a typical week, how many days would you say you go to work outside of your home?
$■ 6$ to $7 ■ 5$ I to 4 - Less than one/Don't work


And what mode or modes of transportation to you usually use to get to work? (select all that apply)
$\square$ Residents survey $\quad$ Bicyclists survey


## Work Profile

Of those who go to work outside of their home...

| Work Location | Residents <br> telephone <br> survey | Bicyclists <br> web survey |
| :---: | :---: | :---: |
| Oakland | $18 \%$ | $34 \%$ |
| San Francisco | $13 \%$ | $9 \%$ |
| Alameda | $10 \%$ | $5 \%$ |
| Hayward | $8 \%$ | $2 \%$ |
| Berkeley | $7 \%$ | $25 \%$ |
| Fremont | $7 \%$ | $2 \%$ |
| San Jose | $7 \%$ | $1 \%$ |
| Pleasanton | $6 \%$ | $1 \%$ |
| San Leandro | $3 \%$ | $5 \%$ |
| Union City | $3 \%$ | $1 \%$ |
| Livermore | $3 \%$ | $0 \%$ |
| Emeryville | $1 \%$ | $4 \%$ |
| Newark | $1 \%$ | $0 \%$ |
| CastroValley | $1 \%$ | $0 \%$ |
| Albany |  | - |


| Distance to <br> Work | Residents <br> telephone <br> survey (7I\%) | Bicyclists <br> web survey <br> $(95 \%)$ |
| :---: | :---: | :---: |
| $0-2$ miles | $17 \%$ | $26 \%$ |
| $3-5$ miles | $21 \%$ | $28 \%$ |
| $6-10$ miles | $22 \%$ | $18 \%$ |
| $11-20$ miles | $19 \%$ | $17 \%$ |
| $21+$ miles | $21 \%$ | $10 \%$ |
|  |  |  |
| Mean | 13.49 mi. | 8.99 mi. |
| Median | 10.00 mi. | 5.00 mi. |

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## Work Profile

How often do you ride your bike for all or part of your trip to work?


At work, do you have access to:
$\square$ Bicyclists survey
■ Residents survey


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## School Profile

In a typical week, how many days would you say you go to school for yourself?

Less than one/Don't go to school I to $4 ■ 5 ■ 6$ to 7

And what mode or modes of transportation to you usually use to get to school? (select all that apply)
$\square$ Residents survey $\quad$ Bicyclists survey


## School Profile

Of those who go to school...

| School Location | Residents <br> telephone <br> survey | Bicyclists <br> web survey |
| :---: | :---: | :---: |
| Oakland | $22 \%$ | $47 \%$ |
| Hayward | $13 \%$ | $3 \%$ |
| Berkeley | $12 \%$ | $21 \%$ |
| Alameda | $11 \%$ | $2 \%$ |
| Fremont | $11 \%$ | $1 \%$ |
| Union City | $4 \%$ | - |
| San Francisco | $3 \%$ | $6 \%$ |
| Livermore | $3 \%$ | $4 \%$ |
| San Jose | $2 \%$ | $1 \%$ |
| Pleasanton | $2 \%$ | - |
| San Leandro | $2 \%$ | $1 \%$ |


| Distance to <br> School | Residents <br> telephone <br> survey (24\%) | Bicyclists <br> web <br> survey <br> $(29 \%)$ |
| :---: | :---: | :---: |
| $0-2$ miles | $29 \%$ | $42 \%$ |
| $3-5$ miles | $31 \%$ | $33 \%$ |
| $6-10$ miles | $18 \%$ | $13 \%$ |
| II-20 miles | $8 \%$ | $7 \%$ |
| $21+$ miles | $14 \%$ | $7 \%$ |
|  |  |  |
| Mean | 11.95 mi. | 5.4 Imi. |
| Median | 5.00 mi. | 3.00 mi. |

## School Profile

How often do you ride your bike for all or part of your trip to school?

```
    Less than once a week ■ I to 3 days a week
\square4+ days a week
```



At school, do you have access to:

■ Bicyclists survey
$\square$ Residents survey


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## Access to a Bike \& a Car



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## Bike Riding Profile

In a typical week, how many days would you say you do each of the following?
Residents phone survey
Bicyclists web survey
$\square$ At least once a week $\quad$ Less than once a week $\quad$ Never


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## Riding Profile (Bicyclists survey Only)

Q84. How would you classify your cycling abilities?


Q85. When riding your bike to get to a destination, where do you most often ride?

Traffic lane


## Get Rolling Campaign

# After Prompting, a Similar Percentage of Residents and Riders Report Recalling the Get Rolling Campaign 

Seen Get Rolling Advertisements


■ Residents survey
■ Bicyclists survey

3\%

| Prompt: |
| :---: |
| As you may know, the |
| Get Rolling advertising |
| campaign was designed |
| to encourage people to |
| ride their bicycles more |
| often. |

Unprompted *
After prompt

*Note:After comparing the unprompted to the prompt responses, $\mathbf{I 2 \%}$ (out of $14 \%$ ) in the Bicyclists survey initially remembered the campaign correctly, while $\mathbf{2 \%}$ (out of $3 \%$ ) initially remembered the campaign correctly in the Residents survey


## Recall on Get Rolling Campaign Content is Fairly Accurate (Bicyclists Survey Only)



Comparison: Recall Campaign After Prompt Between Residents \& Bicyclist Surveys

## Bicyclists: Seen Get Rolling Advertisements (After Prompt)

## Residents: Seen Get Rolling Advertisements (After Prompt)



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Recall of Campaign is Consistent Across Most Demographic Groupings, and Highest in the Northern Part of the County (Bicyclists Survey Only)

Web: Seen Get Rolling Advertisements (After images)


# Active Participants in Bike to Work or School Events are More Likely to Recall the Campaign (Bicyclists Survey Only) 

Seen Get Rolling Advertisements (After images)


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## A Majority Find the Campaign Advertisements Effective (Bicyclists Survey Only)

Q8.Thinking about the advertisements shown here, how effective do you believe they are in motivating people to ride their bicycles more often?
$\square$ Very effective $\square$ Somewhat effective $\square$ Not very effective $\square$ Not at all effective


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## Relatable \& Relevant Imagery is the Most Effective Component of the Advertising, Though Many Find the Message Delivery Too Subdued (Bicyclists Survey Only)

## Most effective about ads (Open-ended)

Images of gas prices/suggestions of saving money 22\% Images of happy looking people/having fun Images of people using bikes for everyday/ biking as an alternative to driving

Variety of biking activities
Images of using bikes with public transit
Images of bikes/ people biking 8\%
Images of average-looking people/ regular clothing/
no bike gear
Diversity of bikers (age, gender, race) 6\%
Layout/colors/font 6\%
Images of healthy looking people 2\%
Images of children riding bikes 2\%
None/Don't know I2\%
Other

## Least effective about ads (Open-ended)

| $\begin{array}{l}\text { Not direct enough/ too subtle/ unclear message/ not enough } \\ \text { focus on bikes }\end{array}$ |
| :--- |

11\%
Uninspiring/ not enough motivation/ unrelatable
10\%
Unrealistic/impractical/cheesy
10\%
Doesn't address actual reasons people don't bike
10\%
Bad layout/formatting/colors
8\%
Logos/slogans ..... 6\%
Uninteresting/ boring/ generic/ doesn't stand out ..... 5\%
Riders seem too advanced/ sporty/ makes biking look difficult ..... 4\%
Not diverse enough/ excludes groups like seniors, unathletic ..... 3\%
Gas prices too low ..... 3\%
Not 'cool' ..... 2\%
Doesn't address health/fitness aspect of biking ..... 2\%
None/Don't know ..... 12\%
Other ..... 8\%

## Bike To Work Event Activities \& Participation

## BTWD \& Other Participation

$\square$ Residents survey $\quad$ Bicyclists survey


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Of Bicyclists Surveyed, Three-quarters Have Participated in a Bike to Work Day, With 3 Out of Five Participating in 2010 (Bicyclists Survey Only)

QI I. Have you ever participated in Bike to Work Day in Alameda County?


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## Most BTWD Participants Are Likely to Repeat

How likely are you to participate in Bike to Work Day in May 201 I?
$\square$ Very likely $\quad$ Somewhat likely $\square$ Somewhat unlikely $\square$ Very unlikely


Over a Quarter of Survey Participants Heard About BTWD From Their Employer (Bicyclists Survey Only)

QI 2. How did you learn about Bike to Work Day? (check all that apply)


# Many of Those Who Participate in BTWD Would Have Likely Biked Anyhow (Bicyclists Survey Only) 

QI3. What was your primary reason for participating in Bike to Work Day? (one response)


# Three-quarters of Participants Ride Their Bike the Entire Way to Their Destination on BTWD (Bicyclists Survey Only) 

QI4. On Bike to Work Day, did you...
$\square$ Ride your bike the entire way from home to your destination

Ride your bike some of the way and take transit some of the way
$\square$ Ride your bike some of the way and drive some of the way

■ Other

Most Participants in BTWD are Going to Work (Bicyclists Survey Only)

## Primary BTWD destination

Distance traveled on BTWD

| $\square 0-2$ miles | $\square 3-5$ miles |
| :--- | :--- |
| $\square I I-20$ miles | $\square 21+$ miles |$\quad \square 6-10$ miles


| 20\% |  | 9\% |  |
| :---: | :---: | :---: | :---: |
|  |  |  |  |
|  |  | 22\% |  |
| 23\% |  |  |  |
| 29\% |  | 35\% |  |
|  |  |  |  |
| 20\% |  | 26\% |  |
| 8\% |  | 9\% |  |
| Total round-trip miles |  | Miles by bike |  |
| Mean | 15.45 mi . | Mean | 10.28 mi . |
| Median | 10.00 mi . | Median | 8.00 mi . |

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## If it Had Not Been BTWD, Two Out of Three Participants Would Have Ridden Their Bicycle Anyhow (Bicyclists Survey Only)

QI8. If it had not been Bike to Work Day, how would you have most likely traveled to your destination that day? If you would have used more than one mode of transportation for the trip, please check all you would have used.


# Many of Those Who Took the Survey Stopped at an Energizer Station and Got a Bag (Bicyclists Survey Only) 

Q19. For Bike to Work Day, did you... (check all that apply)


## Being Outdoors and Exercising are Some of the Benefits People Feel From Participating in BTWD (Bicyclists Survey Only)

Q20. Which of the following is true for you about your participation in Bike to Work Day? (check all that apply)


## Many of Those Who Have Participated in BTWD Report Riding Their Bikes With More Frequency Now (Bicyclists Survey Only)

Bicycle riding frequency before \& after BTWD participation

## Q22. Since participating in Bike to Work Day, would you say you ride your bicycle...

■-7 days/week

- I-5 days/month
- 5 days/week
- 2-4 days/week
- I-II days/year

Never


## OaklaVia is the Most Attended Event by the Bicyclists Surveyed (Bicyclists Survey Only)

Q26. Did you attend or participate in any of the following events in 2010? (check all that apply)


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## Seven of Ten Bicyclists Surveyed Have Not Taken a Bicycle Safety Class (Bicyclists Survey Only)

Q28. Have you or your children ever taken any of the following bicycle safety classes? (check all that apply)

19\%


## Eleven Percent Report Participating in the Team Bike Challenge (Bicyclists Survey Only)

Q24. Have you ever participated in the Team Bike Challenge in Alameda County?



## One Quarter of Those Who Participated in the 2010 Team Bike Challenge Report Riding More Often Since Then (Bicyclists Survey Only)

Q25. Since participating in the 2010 Team Bike Challenge, would you say you ride your bicycle for transportation a lot more often, a little more often, or the same amount as before?


## Barriers to Biking

## Safety and Distance are Volunteered Most Often as the Top Reasons People do not Bike

Thinking about riding a bicycle to get to a destination, what would you say are the top three reasons people do not ride their bicycles as a means of getting places more often? (Open-ended - Accept up to 3 responses)


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## Importance of Biking Barriers

Following is a list of reasons some people give for not riding their bicycles to work, school and the other places they go regularly. Whether or not you regularly ride your bicycle to get where you are going, please indicate how important of a factor each one is for you personally when considering riding a bike. Please rate on a scale of I to 7, I being Not Important \& 7 being Extremely Important.


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Following is a list of reasons some people give for not riding their bicycles to work, school and the other places they go regularly. Whether or not you regularly ride your bicycle to get where you are going, please indicate how important of a factor each one is for you personally when considering riding a bike. Please rate on a scale of I to 7, I being Not Important \& 7 being Extremely Important.
$\square$ Residents Survey: Important (5-7) ■ Bicyclists Survey: Important (5-7)


## Ways to Encourage Biking

## A Majority Say Safer Routes and Secure Bike Parking Would Make Them More Likely to Bike

Following is a list of things that might make it easier for people to ride their bicycles as transportation. For each, please indicate if it would make you more likely to ride your bicycle more often for transportation.

Residents Survey: Much more likely ■ Bicyclists Survey: Much more likely
52. More places to ride away from cars, like on bike paths

64. Safety improvements at large intersections


59\%
53. More secure bike parking at the places you go


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# Biking Groups \& Information Access About Bicycle Commuting Equipment are the Least Likely to Increase Biking 



Following is a list of things that might make it easier for people to ride their bicycles as transportation. For each, please indicate if it would make you more likely to ride your bicycle more often for transportation.
$\square$ Residents Survey: Much more likely $\quad$ Bicyclists Survey: Much more likely

